San Diego High School Survey 10-year Trend Analysis Report

Total Injury and Violence		Health Risk Behav	rior and Percentag	ges		Linear Change*	Quadratic Change [*]	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
		rode with a driver whys before the survey)		g alcohol (in a car o	or other vehicle,			
24.0	19.8	19.8	15.5	14.3	12.0	Decreased, 2011-2021	No quadratic change	No change

QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)

7.6

7.4

8.0

5.6

5.4

No linear change

Not available§

No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $^{^{\}dagger}$ Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

		Health Risk Behav	vior and Percentag	ges		Linear Change [*]	Quadratic Change*	Change from 2019-2021
2011	2013	2015	2017	2019	2021			
	ge of students who t ys before the survey y)							
			20.0	27.6	22.0	D 1 2012 2021	NT / 21.11.8	
	31.8	33.2	29.9	27.6	22.9	Decreased, 2013-2021	Not available [§]	No change
	ge of students who og the 30 days before	carried a weapon or				Decreased, 2013-2021	Not available	No change
	ge of students who	carried a weapon or				No linear change	Not available ^s No quadratic change	
east 1 day durin 4.5 QN13: Percenta	ge of students who og the 30 days before 2.6	carried a weapon or the survey) 3.3 carried a gun (not co	a school property (s 4.1 ounting the days wh	uch as a gun, knife, 3.0 nen they carried a g	or club, on at 3.2 un only for			
east 1 day durin 4.5 QN13: Percenta	ge of students who g the 30 days before 2.6	carried a weapon or the survey) 3.3 carried a gun (not co	a school property (s 4.1 ounting the days wh	uch as a gun, knife, 3.0 nen they carried a g	or club, on at 3.2 un only for			No chang

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

jury and Violen	ace	Health Risk Behav	ior and Percentag	ges		Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
2011	2013	2015	2017	2019	2021			
		did not go to school g the 30 days before		nsafe at school or or	n their way to or			
6.1	5.7	4.5	5.8	7.6	5.2	No linear change	No quadratic change	Decreased
0.1								
QN15: Percentag		were threatened or in			ty (such as a			
QN15: Percentag					ty (such as a	No linear change	No quadratic change	No change
QN15: Percentagun, knife, or clu	4.3 ge of students who	es during the 12 mor	ths before the surv 5.3	5.3	4.4	No linear change	No quadratic change	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

	Health Risk Behav	vior and Percentag	es		Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
2013	2015	2017	2019	2021	_		
of students who	were ever physically	y forced to have sex	ual intercourse (wh	en they did not	,		
7.5	7.4	6.8	5.9	7.3	No linear change	No quadratic change	No change
	of students who v	of students who were ever physically	of students who were ever physically forced to have sex	of students who were ever physically forced to have sexual intercourse (wh	of students who were ever physically forced to have sexual intercourse (when they did not	of students who were ever physically forced to have sexual intercourse (when they did not	of students who were ever physically forced to have sexual intercourse (when they did not

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

ury and Violen		Health Risk Behav	vior and Percentag	ges		Linear Change [*]	Quadratic Change*	Change from 2019-2021
2011	2013	2015	2017	2019	2021			
	age of students who ere dating or going of	out with [counting s	uch things as being	hit, slammed into s	something, or			
njured with an o	object or weapon] or ent out with someone				imong students			
njured with an o					emong students 6.5	No linear change	Not available [§]	No change
njured with an own who dated or we	ent out with someone	e during the 12 mon	ths before the surve	6.1	6.5	No linear change	Not available [§]	No change
njured with an own of the who dated or we QN23: Percenta	ent out with someone	e during the 12 mon	ths before the surve	6.1	6.5	No linear change Decreased, 2011-2021	Not available [§] No change, 2011-2017 Decreased, 2017-2021	No change
njured with an own of who dated or we who dated or we QN23: Percentasurvey) 15.6 QN24: Percenta	7.4 ge of students who	7.8 were bullied on school 16.7 were electronically	5.2 ool property (ever of 16.0) bullied (counting by	6.1 during the 12 month 13.6 eing bullied through	6.5 s before the		No change, 2011-2017	

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

San Diego High School Survey 10-year Trend Analysis Report

Total Injury and Violence Health Risk Behavior and Percentages Linear Change* Quadratic Change* Change from 2019-2021 † 2011 2013 2015 2017 2019 2021 QN25: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey) 25.6 29.6 29.1 31.6 35.1 42.5 Increased, 2011-2021 Increased, 2011-2017 Increased Increased, 2017-2021 QN26: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey) 13.3 15.5 17.4 22.2 16.5 16.1 No quadratic change Increased, 2011-2021 Increased QN28: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey) 9.1 8.4 8.9 7.1 7.8 9.5 No linear change No quadratic change No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. Based on t-test analysis, p < 0.05.

Total Injury and Violenc		Health Risk Behav	rior and Percentag	ges		Linear Change [*]	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021	<u> </u>		
		had a suicide attempe (during the 12 mo			or overdose that			
3.0	2.3	1.9	1.5	1.9	2.9	No linear change	Decreased, 2011-2017 Increased, 2017-2021	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

San Diego High School Survey 10-year Trend Analysis Report

Total

		Health Risk Behav	ior and Percentag	ges		Linear Change [*]	Quadratic Change*	Change from 2019-2021
2011	2013	2015	2017	2019	2021			
QN32: Percenta survey)	ge of students who	currently smoked ci	garettes (on at least	1 day during the 30) days before the	1		
14.2	8.9	7.1	4.2	3.2	2.6	Decreased, 2011-2021	No quadratic change	No change
ONFRCIG: Per 30 days before the		who currently smok	ed cigarettes freque	ently (on 20 or more	days during the			
3.7	1.1	1.3	0.8	0.6	0.6	Decreased, 2011-2021	No quadratic change	No change
NDAYCIG: Pefore the surve		ts who currently sm	oked cigarettes dail	y (on all 30 days du	aring the 30 days			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

otal obacco Use		Health Risk Behav	ior and Percentas	ges		Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
		smoked more than 1 g students who curre			smoked during			
2.8	3.5	7.2	7.0	2.8	23.5	Increased, 2011-2021	No quadratic change	No change
		ever used an electro ens, and mods [such						
		44.9	38.1	41.4	30.5	Decreased, 2015-2021	Not available [§]	Decreased
vape pens, e-ciga		currently used an ele kah pens, and mods the survey)						
		21.6	7.7	16.0	11.6	Decreased, 2015-2021	Not available	Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

San Diego High School Survey 10-year Trend Analysis Report

Total

		Health Risk Behav	ior and Percentag	ges		Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
	rcentage of students 30 days before the s	who currently used urvey)	electronic vapor pr	roducts frequently (c	on 20 or more			
		2.5	1.1	4.7	3.0	Increased, 2015-2021	Not available§	No change
QNDAYEVP: Ithe 30 days befo		its who currently use	ed electronic vapor	products daily (on a	all 30 days during	g		
		1.9	0.7	2.8	1.8	No linear change	Not available	No change
	ntage of students wh 30 days before the	o currently smoked survey)	cigarettes or used e	electronic vapor pro	ducts (on at leas	t		
					11.9	Decreased, 2015-2021	Not available	Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

San Diego High School Survey 10-year Trend Analysis Report

Total Alcohol and Other Drug Use Health Risk Behavior and Percentages Linear Change* Quadratic Change* Change from 2019-2021 † 2011 2013 2015 2017 2019 2021 QN41: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey) 33.0 28.7 24.8 22.3 24.9 21.5 Decreased, 2011-2021 No quadratic change No change QN42: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey) 11.4 8.4 10.3 No linear change Not available§ No change QN46: Percentage of students who tried marijuana for the first time before age 13 years 10.6 8.5 7.5 6.9 5.9 6.8 Decreased, 2011-2021 No quadratic change No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $^{^{\}dagger}$ Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

		Health Risk Behav	vior and Percentag	ges		Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QN47: Percentag	ge of students who	currently used marij	uana (one or more	times during the 30	days before the			
24.0	21.9	18.0	20.2	21.5	14.6	Decreased, 2011-2021	No quadratic change	Decreased
QN48: Percentag	ge of students who	ever used synthetic	marijuana (one or r	more times during the	neir life)			
		8.3	6.2	6.1	7.2	No linear change	Not available [§]	No change
differently than h	now a doctor told the	ever took prescription em to use it (counting more times during the	ng drugs such as co					
			10.8	13.4	10.7	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

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Total

		Health Risk Behav	ior and Percentag	es		Linear Change*	Quadratic Change*	Change from 2019-2021
2011	2013	2015	2017	2019	2021			
	ge of students who more times during t	ever used cocaine (a heir life)	ny form of cocaine	, including powder,	crack, or			
8.4	6.9	5.3	4.4	3.8	3.2	Decreased, 2011-2021	No quadratic change	No change
QN52: Percenta more times durin		ever used heroin (als	o called "smack," '	'junk," or "China W	Thite," one or	Decreased, 2015-2021	Not available [§]	No change
				ed "eneed " "crystal	meth." "crank."			
	ge of students who	ever used methamph during their life)	etamines (also call	ed speed, erystar	, orani,			
			etamines (also call	1.6	1.8	Decreased, 2011-2021	No quadratic change	No change
ice," or "meth," 4.9	2.9 ge of students who	during their life)	2.0	1.6	1.8	Decreased, 2011-2021	No quadratic change	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

		Health Risk Behav	vior and Percentag	ges		Linear Change*	Quadratic Change [*]	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
	ge of students who or r more times during		egal drug (used a no	eedle to inject any i	llegal drug into			
			egal drug (used a no	eedle to inject any i	illegal drug into	No linear change	No quadratic change	No change
heir body, one o	r more times during 2.1 ge of students who	their life) 2.1	1.4	1.1	2.2	No linear change	No quadratic change	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

San Diego High School Survey 10-year Trend Analysis Report

Total Sexual Behaviors

		Health Risk Behav	ior and Percentag	ges	Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 †	
2011	2013	2015	2017	2019	2021			
QN57: Percentag	ge of students who	ever had sexual inte	rcourse	:	:			
42.5	36.6	32.0	31.0	29.6	20.6	Decreased, 2011-2021	No quadratic change	Decreased
QN58: Percentag	ge of students who	nad sexual intercour	rse for the first time	before age 13 year	rs			,
6.1	4.4	3.5	2.7	2.0	2.5	Decreased, 2011-2021	No quadratic change	No change
QN59: Percentag	ge of students who	nad sexual intercour	se with four or mor	re persons during th	neir life			
11.9	8.2	6.8	5.9	5.1	3.1	Decreased, 2011-2021	No quadratic change	Decreased
	ge of students who	were currently sexua	ally active (had sex	ual intercourse with	n at least one			
27.8	24.3	22.3	20.3	19.8	13.1	Decreased, 2011-2021	No quadratic change	Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

Total	
Sexual	Behaviors

xual Behaviors	1	Health Risk Behav	ior and Percentag	ges		Linear Change*	Quadratic Change*	Change from 2019-2021 [†]
2011	2013	2015	2017	2019	2021			
	ge of students who cally sexually active)	lrank alcohol or use	d drugs before last	sexual intercourse	(among students			
21.9	18.4	19.8	20.0	20.2	24.6	No linear change	No quadratic change	No change
QN62: Percentag	ge of students who u	ised a condom durir	ng last sexual interc	course (among stud	ents who were			
58.6	56.6	59.0	55.8	54.3	53.2	No linear change	No quadratic change	No change
QN82: Percentag	ge of students who v donated blood)	were ever tested for	human immunodef	ciciency virus (HIV	() (not counting			
	13.9	11.9	10.2	9.1	4.7	Decreased, 2013-2021	Not available§	Decreased
	ge of students who v			lisease (STD) other	than HIV, such			
,	,			7.2	4.1	Decreased, 2019-2021	Not available	Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

3 2015	5 2017		1			
	- =017	2019	2021			
•		15.8	14.0	No linear change	No quadratic change	No change
	e-specific reference .4 16.0	e-specific reference data from the 2000 CDC g .4 16.6 14.9	e-specific reference data from the 2000 CDC growth charts)§ .4 16.6 14.9 15.8	•	e-specific reference data from the 2000 CDC growth charts) [§] .4 16.6 14.9 15.8 14.0 No linear change	e-specific reference data from the 2000 CDC growth charts)§ .4 16.6 14.9 15.8 14.0 No linear change No quadratic change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. Based on t-test analysis, p < 0.05.

[§]Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

San Diego High School Survey 10-year Trend Analysis Report

Physical Activity Health Risk Behavior and Percentages Linear Change* Quadratic Change* Change from 2019-2021 † 2011 2013 2015 2017 2019 2021 QN77: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey) 45.7 49.3 51.1 47.6 46.0 46.0 No linear change Increased, 2011-2015 No change Decreased, 2015-2021

QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)

14.3

QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of

13.2

24.8 26.9 27.0 23.0 22.2 20.1 Decreased, 2011-2021 No change, 2011-2015 No change Decreased, 2015-2021

16.2

No linear change

Decreased, 2011-2015

Increased, 2015-2021

14.5

Total

the time during the 7 days before the survey)

15.9

17.0

No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. Based on t-test analysis, p < 0.05.

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Total

		Health Risk Behav	rior and Percentag	Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 †		
2011	2013	2015	2017	2019	2021			
		played on at least on		nting any teams run	by their school			
		played on at least on months before the s 55.6		nting any teams run 53.1	by their school 48.1	No linear change	Increased, 2011-2017 Decreased, 2017-2021	No change
r community gro 50.5 2N81: Percentag	oups, during the 12 52.9	months before the s 55.6 had a concussion fro	survey) 54.7	53.1	48.1	No linear change	<i>'</i>	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Total Other		Health Risk Beha	vior and Percentag	Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 †		
2011	2013	2015	2017	2019	2021			
QN86: Percenta	ge of students who	got 8 or more hours	of sleep (on an ave	erage school night)				
		28.1	27.2	24.7	31.5	No linear change	Not available§	Increased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

San Diego High School Survey 10-year Trend Analysis Report

Total

2015	2017		· · · · · · · · · · · · · · · · · · ·			
	2017	2019	2021			
who are transgender						
	1.2	1.1	3.6	Increased, 2017-2021	Not available§	Increased
who think other peopl	e at school would dese	cribe them as equal	ly feminine and			
11.6	12.8	14.4	13.7	Increased, 2013-2021	Not available	No change
111	who reported someone art them one or more time.	who think other people at school would describe the school would descr	who think other people at school would describe them as equal 11.6 12.8 14.4 who reported someone they were dating or going out with purport them one or more times (such things as being told who they are	1.2 1.1 3.6 who think other people at school would describe them as equally feminine and	who think other people at school would describe them as equally feminine and 11.6 12.8 14.4 13.7 Increased, 2013-2021 who reported someone they were dating or going out with purposely tried to art them one or more times (such things as being told who they could and could	1.2 1.1 3.6 Increased, 2017-2021 Not available who think other people at school would describe them as equally feminine and 11.6 12.8 14.4 13.7 Increased, 2013-2021 Not available who reported someone they were dating or going out with purposely tried to art them one or more times (such things as being told who they could and could

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

San Diego High School Survey 10-year Trend Analysis Report

Total

		Health Risk Behav	ior and Percentag	es	Linear Change [*]	Quadratic Change*	Change from 2019-2021 †	
2011	2013	2015	2017	2019	2021			
N91: Percenta alue in exchang		have ever been give	n money, a place to	stay, food, or some	ething else of			
			3.2	2.5	2.9	No linear change	Not available [§]	No change
		have been harassed the 12 months before 11.6		nought they were ga	ny, lesbian, or	Increased, 2011-2021	No quadratic change	Increased
sexual (one or 10.8	more times during t	the 12 months before	e the survey) 14.5	13.3	17.5	Increased, 2011-2021	No quadratic change	Increased
sexual (one or 10.8 N99: Percenta	9.5 ge of students who	the 12 months before 11.6	14.5 d someone names b	13.3	17.5	Increased, 2011-2021	No quadratic change	Increased
sexual (one or 10.8 N99: Percenta	9.5 ge of students who	the 12 months before 11.6 have teased or called	14.5 d someone names b	13.3	17.5	Increased, 2011-2021 No linear change	No quadratic change Not available	Increased No change
10.8 10.9: Percenta ere gay, lesbiar	9.5 age of students who n, or bisexual (during the students)	the 12 months before 11.6 have teased or called the 12 months before th	d someone names b	13.3 ecause the students	17.5 thought they			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

otal ite-Added		Health Risk Behav	ior and Percentag	Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 †		
2011	2013	2015	2017	2019	2021			
		o reported a revealing ermission (during th			ated, e-mailed, or	Increased, 2015-2021	Not available [§]	No change
ON102: Percent	age of students who	o did something to p					1.00 0.000	110 011111190
		purpose one or more						
16.7	17.6	18.7	16.8	19.6	24.5	Increased, 2011-2021	No change, 2011-2017 Increased, 2017-2021	Increased
		reported their partne (among students w			n themselves the			
17.0	16.9	14.2	14.7	9.0	11.2	Decreased, 2011-2021	No quadratic change	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

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Total

te-Added		Health Risk Behav	ior and Percentag	ges	Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 †	
2011	2013	2015	2017	2019	2021			
QN106: Percenta	age of students who	have been pregnan	t or gotten someone	e pregnant (one or	more times)			
5.7	2.8	2.7	2.2	2.0	1.7	Decreased, 2011-2021	No quadratic change	No change
QN107: Percenta	age of students who	have ever participa	ted in oral sex			· · ·		
38.2	37.3	35.7	33.8	32.7	25.8	Decreased, 2011-2021	Decreased, 2011-2017 Decreased, 2017-2021	Decreased
QN112: Percenta	age of students who	have been taught a	bout AIDS or HIV	infection in school				:
				84.9	79.4	Decreased, 2019-2021	Not available [§]	Decreased
		have ever been tau seases (STDs) (incl		how to use a cond	om to prevent			
			84.8	86.2	77.8	Decreased, 2017-2021	Not available	Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

otal ite-Added		Health Risk Behav	ior and Percentag	ges		Linear Change*	Quadratic Change [*]	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
		o have ever been tau oms, or HIV or othe						
			77.5	79.3	63.5	Decreased, 2017-2021	Not available [§]	Decreased
they could get to	ested for HIV or oth	o had a teacher or of er sexually transmitt g during the 12 mon	ed diseases (STDs)	(among students w		Decreased, 2017-2021	Not available	No change
they could get to a place for HIV QN116: Percen	ested for HIV or oth or other STD testing tage of students who irth control (among	er sexually transmitt	ed diseases (STDs) ths before the surve 29.7 her adult in their sc	(among students way) 20.7 hool help them find	15.4 a place where		Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

San Diego High School Survey 10-year Trend Analysis Report

Total Site-Added

Health Risk Behavior and Percentages

Linear Change*
Quadratic Change*
Change from 2019-2021 †

2011 2013 2015 2017 2019 2021

QN117: Percentage of students who disagree or strongly disagree that their school has clear consequences for students who bully or harass other students

20.6

24.0

QN125: Percentage of students who strongly agree or agree that they feel close to people at their school

20.1

20.0

68.9 56.7 Decreased, 2019-2021 Not available Decreased

Not available§

Decreased

No linear change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $^{^{\}dagger}$ Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

San Diego High School Survey **10-year Trend Analysis Report**

		Health Risk Beha	vior and Percentag	ges		Linear (
2011	2013	2015	2017	2019	2021	_

one or more times during the 30 days before the survey) 23.8 9.9 19.2 18.8 14.8 14.3

QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)

10.0 10.3 8.8 7.9 5.3

QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)

32.4 33.8 26.4 27.0 24.7 Decreased, 2013-2021 Not available No change

Decreased, 2011-2021

Decreased, 2013-2021

Male

Quadratic Change*

No quadratic change

Not available§

Change from 2019-2021 †

Decreased

No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $^{^{\}dagger}$ Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

ury and Violen		Health Risk Behav	ior and Percentag	Linear Change*	Quadratic Change [*]	Change from 2019-2021 †		
2011	2013	2015	2017	2019	2021	_		
	age of students who		school property (si	uch as a gun, knife,	or club, on at			
6.5	4.2	4.8	6.2	3.9	4.4	No linear change	No quadratic change	No change
					1.0			
	ge of students who a sport such as target					No linear change	Not available [§]	No change
or for a solunting or for a solution or for		shooting, on at least	1 day during the 12 5.5 because they felt u	2 months before the 3.7	survey) 3.8	No linear change	Not available [§]	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

San Diego High School Survey 10-year Trend Analysis Report

Male **Injury and Violence Health Risk Behavior and Percentages** Linear Change* Quadratic Change* Change from 2019-2021 † 2011 2013 2015 2017 2019 2021 QN15: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey) 8.5 6.2 6.1 7.0 7.4 6.0 No linear change No quadratic change No change QN17: Percentage of students who were in a physical fight on school property (one or more times during the 12 months before the survey) 13.3 8.8 10.6 12.0 9.3 12.4 No linear change No change No quadratic change QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to) 5.9 6.0 5.9 4.9 2.5 4.2 Decreased, 2011-2021 No quadratic change No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. Based on t-test analysis, p < 0.05.

jury and Violen		Health Risk Behav	Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 †			
2011	2013	2015	2017	2019	2021			
dating or going of forced to have se	out with to do sexua exual intercourse] th	experienced sexual of things [counting sular they did not want ed or went out with s	ch things as kissing to do, one or more	g, touching, or being times during the 12	g physically 2 months before			
	6.4	5.9	7.4	3.3	6.5	No linear change	Not available§	No change
								•
someone they we njured with an o	ere dating or going object or weapon] or	experienced physica out with [counting so he or more times dur he during the 12 mont 6.4	ich things as being ing the 12 months	hit, slammed into s before the survey, a	omething, or	No linear change	Not available	No change
someone they wonjured with an of who dated or we	ere dating or going object or weapon] or out with someone 6.5	out with [counting some or more times during the 12 mont	ach things as being ing the 12 months hs before the surve 4.9	hit, slammed into s before the survey, a ey) 4.7	something, or among students	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Male Injury and Violence	e							
		Health Risk Behav	ior and Percentag	ges		Linear Change*	Quadratic Change [*]	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021	_		
		were electronically media, ever during			h texting,			
8.6	10.3	10.7	9.2	7.6	12.7	No linear change	No quadratic change	Increased
		felt sad or hopeless ever during the 12 i			row so that they			
18.5	19.3	19.9	21.2	22.1	29.3	Increased, 2011-2021	No quadratic change	Increased
QN26: Percentage survey)	e of students who	seriously considered	l attempting suicide	e (during the 12 mo	onths before the			
10.4	11.2	12.1	11.3	12.1	14.5	Increased, 2011-2021	No quadratic change	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

ale jury and Violence		Health Risk Behav	ior and Percentag	ges	Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 †	
2011	2013	2015	2017	2019	2021			
QN28: Percentage	of students who	actually attempted s	uicide (one or more	e times during the 12	2 months before	,		
the survey)		J I	`					

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

San Diego High School Survey 10-year Trend Analysis Report

Male

		Health Risk Behav	ior and Percentag	ges		Linear Change [*]	Quadratic Change*	Change from 2019-2021
2011	2013	2015	2017	2019	2021			
QN32: Percenta survey)	age of students who	currently smoked ci	garettes (on at least	1 day during the 30) days before the			
15.9	9.1	8.3	4.4	2.8	2.2	Decreased, 2011-2021	No quadratic change	No change
QNFRCIG: Pere		who currently smok	ed cigarettes freque	ently (on 20 or more	days during the			
	1.8	2.2	1.2	0.8	0.8	Decreased, 2011-2021	No quadratic change	No change
4.4								
		ts who currently sm	oked cigarettes dail	y (on all 30 days du	ring the 30 days			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

ale obacco Use								
		Health Risk Behav	ior and Percentag	res		Linear Change*	Quadratic Change*	Change from 2019-2021
2011	2013	2015	2017	2019	2021			
		ever used an electro ens, and mods [such						
pens, e ergars, e		47.8	37.3	37.9	24.3	Decreased, 2015-2021	Not available [§]	Decreased
01105 D								-
vape pens, e-cig		currently used an elekah pens, and mods e the survey)						
vape pens, e-cig	ars, e-hookahs, hoo	kah pens, and mods				Decreased, 2015-2021	Not available	Decreased
vape pens, e-cig east 1 day durin QNFREVP: Per	ars, e-hookahs, hoo ng the 30 days befor	kah pens, and mods e the survey) 25.4 who currently used	[such as JŪUL, SM	OK, Suorin, Vuse,	and blu], on at	Decreased, 2015-2021	Not available	Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Male Tobacco Use		Health Risk Behav	ior and Percentag	res		Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
2011	2013	2015	2017	2019	2021			
QNDAYEVP: If the 30 days befo		nts who currently use	ed electronic vapor	products daily (on a	all 30 days during			
		3.3	1.1	3.3	1.6	No linear change	Not available [§]	No change
	ntage of students wh 30 days before the	o currently smoked survey)	cigarettes or used e	lectronic vapor pro	ducts (on at least			,
		27.0	9.0	13.7	8.9	Decreased, 2015-2021	Not available	Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

		Health Risk Behav	Linear Change [*]	Quadratic Change [*]	Change from 2019-2022			
2011	2013	2015	2017	2019	2021			
	age of students who		hol (at least one dri	nk of alcohol, on at	least 1 day			
33.6	27.6	23.6	20.8	18.9	17.5	Decreased, 2011-2021	No quadratic change	No change
	age of students who			or more drinks of a				,
	ag the 30 days before		a row ir they were r	naie, wiami a coupi	e or nours, on at			
			9.1	7.9	8.1	No linear change	Not available [§]	No chang
east I day durin		the survey)	9.1	7.9			Not available [§]	No chang

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

		Health Risk Behav	ior and Percentag	ges		Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
2011	2013	2015	2017	2019	2021			
QN47: Percenta survey)	age of students who	currently used marij	uana (one or more	times during the 30	days before the			
26.4	22.3	20.6	18.2	17.1	12.1	Decreased, 2011-2021	No quadratic change	Decreased
QN48: Percenta	age of students who	ever used synthetic	marijuana (one or r	nore times during th	neir life)			,
		0.0	6.0	4.9	5.8	Decreased, 2015-2021	Not available§	No change
		9.8	0.0					C

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

San Diego High School Survey 10-year Trend Analysis Report

		Health Risk Behav	vior and Percentag	res		Linear Change*	Quadratic Change*	Change fron 2019-2021
2011	2013	2015	2017	2019	2021			
	ge of students who		any form of cocaine	, including powder,	crack, or			
9.8	9.1	7.8	4.6	4.0	3.0	Decreased, 2011-2021	No quadratic change	No change
QN52: Percenta nore times durin	ge of students who	ever used heroin (al	so called "smack,"	"junk," or "China W	hite," one or			
		4.1	2.4	1.4	2.0	Decreased, 2015-2021	Not available [§]	No change
	ge of students who		hetamines (also call	ed "speed," "crystal	meth," "crank,"			
	4.5	5.2	2.5	1.6	1.9	Decreased, 2011-2021	No quadratic change	No change

3.7

2.5

Decreased, 2011-2021

No quadratic change

5.4

8.2

15.4

10.6

No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

San Diego High School Survey 10-year Trend Analysis Report

Male **Alcohol and Other Drug Use Health Risk Behavior and Percentages** Linear Change* Quadratic Change* Change from 2019-2021 † 2011 2013 2015 2017 2019 2021 QN55: Percentage of students who ever injected any illegal drug (used a needle to inject any illegal drug into their body, one or more times during their life) 4.1 3.0 3.4 2.0 1.1 2.7 Decreased, 2011-2021 No quadratic change Increased QN56: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey) 37.0 30.5 29.7 28.2 26.0 19.2 Decreased, 2011-2021 No quadratic change Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. Based on t-test analysis, p < 0.05.

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Male Sexual Behaviors

		Health Risk Behav	vior and Percentag	ges		Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QN57: Percentag	ge of students who	ever had sexual inte	rcourse		:			
46.0	38.1	36.0	33.4	31.4	21.5	Decreased, 2011-2021	No quadratic change	Decreased
QN58: Percentag	ge of students who	had sexual intercour	rse for the first time	e before age 13 year	rs			
9.3	6.7	5.6	3.9	2.1	2.9	Decreased, 2011-2021	No quadratic change	No change
QN59: Percentag	ge of students who	had sexual intercour	se with four or mo	re persons during th	neir life	1		
14.9	11.2	10.5	8.2	6.8	3.9	Decreased, 2011-2021	No quadratic change	Decreased
	ge of students who	were currently sexual	ally active (had sex	ual intercourse with	n at least one			
29.4	24.3	24.4	19.9	19.4	13.1	Decreased, 2011-2021	No quadratic change	Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

Male	
Sexual	Behaviors

		Health Risk Behav	ior and Percentag	es		Linear Change [*]	Quadratic Change*	Change from 2019-2021
2011	2013	2015	2017	2019	2021			
	ge of students who o	lrank alcohol or use	d drugs before last	sexual intercourse	(among students			
27.4	24.4	23.1	20.5	20.5	27.9	No linear change	No quadratic change	No change
QN62: Percentage	ge of students who u	used a condom durir	ng last sexual interc	course (among stud	ents who were	· · ·		
65.9	57.7	58.9	61.9	58.0	63.6	No linear change	No quadratic change	No change
	ge of students who v	were ever tested for	human immunodef	iciency virus (HIV	(not counting			
	14.9	11.9	9.8	8.5	5.2	Decreased, 2013-2021	Not available§	Decreased
	ge of students who			isease (STD) other	than HIV, such			
s cinamydia or g	gonorrhea (during th	ie 12 months before	the survey)	6.2	4.6	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

13	2015						
	2015	2017	2019	2021			
5.5	15.3	15.6	14.1	13.2	No linear change	No quadratic change	No change
	ge-specific ref	ge-specific reference data from 5.5 15.3	ge-specific reference data from the 2000 CDC gr 5.5 15.3 15.6	ge-specific reference data from the 2000 CDC growth charts)§ 5.5 15.3 15.6 14.1	•	ge-specific reference data from the 2000 CDC growth charts)§ 5.5 15.3 15.6 14.1 13.2 No linear change	ge-specific reference data from the 2000 CDC growth charts)§ 5.5 15.3 15.6 14.1 13.2 No linear change No quadratic change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. Based on t-test analysis, p < 0.05.

[§]Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

Male Physical Activity								
		Health Risk Behav	ior and Percentag	ges		Linear Change*	Quadratic Change [*]	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
	activity that increas	were physically acti sed their heart rate an						
54.3	55.7	59.0	54.4	51.3	51.8	No linear change	No quadratic change	No change
least 1 day (in an		ats who did not partic activity that increase e survey)						
13.0	12.7	10.9	12.4	12.7	14.6	No linear change	No quadratic change	No change
	ical activity that inc	ats who were physica creased their heart ra						
32.5	33.2	35.5	31.2	29.0	24.9	Decreased, 2011-2021	No change, 2011-2015 Decreased, 2015-2021	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

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Male

		Health Risk Behav	vior and Percentag	Linear Change [*]	Quadratic Change*	Change from 2019-2021 †			
2011	2013	2015	2017	2019	2021				
			2017 2019 2021						
		played on at least or		nting any teams run	by their school				
		played on at least or months before the s 62.1		nting any teams run 55.2	by their school 49.8	Decreased, 2011-2021	Increased, 2011-2015 Decreased, 2015-2021	No change	
56.6 N81: Percentag	oups, during the 12 57.2	months before the s 62.1 had a concussion from	survey) 58.1	55.2	49.8	Decreased, 2011-2021	· · · · · · · · · · · · · · · · · · ·	No change	

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Male Other		Health Risk Behav	vior and Percentag	ges		Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QN86: Percenta	ge of students who	got 8 or more hours	of sleep (on an ave	erage school night)				
		32.3	31.2	27.9	36.7	No linear change	Not available [§]	Increased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

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Male

		Health Risk Behav	ior and Percentag	ees		Linear Change [*]	Quadratic Change*	Change from 2019-2021
2011	2013	2015	2017	2019	2021	<u> </u>		
QN88: Percentag	ge of students who	are transgender	· ·	-	.			
N89: Percentas	ge of students who	think other people at	1.7	0.7	2.5	No linear change	Not available [§]	Increased
N89: Percentagnasculine	ge of students who	think other people at				No linear change	Not available [§] Not available	
2N90: Percentagontrol them or e ot spend time wanted, during the	8.7 ge of students who remotionally hurt the ith, being humiliate		14.2 ey were dating or gs (such things as be or being threatened)	10.9 going out with purping told who they of	ly feminine and 12.0 osely tried to could and could what they			Increased No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

San Diego High School Survey 10-year Trend Analysis Report

Male

		Health Risk Behav	ior and Percentag	ges		Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QN91: Percenta value in exchang	age of students who	have ever been give	n money, a place to	stay, food, or some	ething else of			
			3.8	2.8	3.6	No linear change	Not available [§]	No change
	age of students who more times during t			hought they were ga	ay, lesbian, or	Increased, 2011-2021	No quadratic change	No change
oisexual (one or 10.1 QN99: Percenta	more times during t	the 12 months before 12.2 have teased or called	16.1 d someone names b	11.8	15.6	Increased, 2011-2021	No quadratic change	No change
isexual (one or 10.1 QN99: Percenta	more times during t	the 12 months before 12.2 have teased or called	16.1 d someone names b	11.8	15.6	Increased, 2011-2021 No linear change	No quadratic change Not available	No change
2N100: Percenta	more times during t	he 12 months before 12.2 have teased or caller g the 12 months before had texted, e-maile	d someone names b	11.8 pecause the students	15.6 thought they	, 		

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

ale e-Added		Health Risk Behav	ior and Percenta	ges		Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
2011	2013	2015	2017	2019	2021			
		o reported a revealing ermission (during th			sted, e-mailed, or			
	г	2.9	2.7	1.7	3.0	No linear change	Not available [§]	No change
		o did something to propurpose one or more						
10.9	10.9	11.7	9.4	13.1	14.1	No linear change	No quadratic change	No change
ON105: Percen		o reported their partn	ers were three or r		n themselves the			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

San Diego High School Survey 10-year Trend Analysis Report

Male

e-Added		Health Risk Behav	vior and Percentag	ges		Linear Change [*]	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QN106: Percent	age of students who	have been pregnan	t or gotten someone	e pregnant (one or i	nore times)			
7.1	3.7	3.6	2.4	2.0	2.0	Decreased, 2011-2021	No quadratic change	No change
QN107: Percent	age of students who	have ever participa	ted in oral sex					
40.8	38.8	39.2	35.7	34.4	27.1	Decreased, 2011-2021	No change, 2011-2017 Decreased, 2017-2021	Decreased
QN112: Percent	age of students who	have been taught a	bout AIDS or HIV	infection in school				
				86.8	81.5	Decreased, 2019-2021	Not available [§]	Decreased
		have ever been tau seases (STDs) (incl		how to use a condo	om to prevent			-
			82.7	87.2	80.1	No linear change	Not available	Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

fale te-Added		Health Risk Behav	rion and Dancontac			Linear Change*	Quadratic Change [*]	Changa from
		Health Risk Dellav	ioi and reicentag	es		Linear Change	Quadratic Change	Change from 2019-2021
2011	2013	2015	2017	2019	2021			
		o have ever been tau loms, or HIV or othe						
			77.1	80.9	67.3	Decreased, 2017-2021	Not available [§]	Decreased
they could get to	sted for HIV or oth	o had a teacher or ot er sexually transmitt g during the 12 mon	ed diseases (STDs)	(among students w				
			31.5	24.0	18.1	Decreased, 2017-2021	Not available	No change
	irth control (among	o had a teacher or of students who needed						

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Male Site-Added		Health Risk Behav	rior and Percentag	ees		Linear Change [*]	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
	tage of students who	o disagree or strongly tudents	y disagree that their	school has clear co	onsequences for			
	•	16.4	16.9	20.2	18.4	No linear change	Not available§	No change
QN125: Percent	tage of students who	o strongly agree or a	gree that they feel o	close to people at th	eir school			
	-		-	73.5	61.0	Decreased, 2019-2021	Not available	Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

jury and Violer		Health Risk Behav	ior and Percentag	ges		Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
2011	2013	2015	2017	2019	2021			
	ge of students who re es during the 30 day		o had been drinkin	g alcohol (in a car o	or other vehicle,			
24.0	20.2	20.9	16.0	14.2	13.9	Decreased, 2011-2021	No quadratic change	No change
	age of students who ng the 30 days befor ore the survey) 4.6					No linear change	Not available [§]	No change
			1.11. 1.1.1	or other vehicle (on	at least 1 day	: :		:
	nge of students who ys before the survey y)							

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

male jury and Violen		Health Risk Behav	ior and Percentag	ges		Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
2011	2013	2015	2017	2019	2021			
	age of students who one the 30 days before		school property (su	uch as a gun, knife,	or club, on at			
2.4	0.9	1.6	1.5	1.8	1.5	No linear change	No quadratic change	No change
	age of students who	carried a gun (not co	ounting the days wh	nen they carried a gr	un only for			
	sport such as target					No linear change	Not available [§]	No change
nunting or for a QN14: Percenta		shooting, on at least	1 day during the 12 1.3 because they felt up	2 months before the 1.2	survey)	No linear change	Not available ⁸	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

male jury and Violen		Health Risk Behav	ior and Percentag	es		Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
	nge of students who ub, one or more time				ty (such as a			
4.6	2.1	3.0	3.1	2.9	2.4	No linear change	No quadratic change	No change
QN17: Percenta 12 months before	age of students who e the survey)	were in a physical fi	ght on school prop	erty (one or more ti	mes during the			
		were in a physical fi	ght on school prop	erty (one or more tine	mes during the 3.7	No linear change	Decreased, 2011-2015 No change, 2015-2021	No change
12 months before 8.3	re the survey)	2.8	6.2	6.5	3.7	No linear change		No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

jury and Violen		Health Risk Behav	ior and Percentag	ges		Linear Change [*]	Quadratic Change*	Change from 2019-2021
2011	2013	2015	2017	2019	2021			
dating or going of forced to have se	out with to do sexual exual intercourse] th	experienced sexual of things [counting su they did not want ed or went out with s	ch things as kissin to do, one or more	g, touching, or bein times during the 12	g physically 2 months before			
	15.2	16.0	17.5	16.7	20.6	No linear change	Not available [§]	No change
		-						
someone they we injured with an o	ere dating or going object or weapon] or	experienced physical out with [counting sume or more times during the 12 mont 9.1	ich things as being ing the 12 months	hit, slammed into s before the survey, a	omething, or	No linear change	Not available	No change
someone they we injured with an o who dated or we	ere dating or going object or weapon] or nt out with someone 7.9	out with [counting sume or more times during the 12 mont	ich things as being ing the 12 months hs before the surve 5.2	hit, slammed into s before the survey, a cy) 7.0	omething, or among students	No linear change	Not available	No change
someone they we injured with an c who dated or we	ere dating or going object or weapon] or nt out with someone 7.9	out with [counting sume or more times during the 12 mont	ich things as being ing the 12 months hs before the surve 5.2	hit, slammed into s before the survey, a cy) 7.0	omething, or among students	No linear change Decreased, 2011-2021	Not available No change, 2011-2017	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

emale njury and Violen	ce							
		Health Risk Behav	ior and Percentag	ges		Linear Change [*]	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
	ge of students who				h texting,			
16.2	18.4	17.4	16.1	13.9	17.6	No linear change	No quadratic change	No change
	ge of students who				row so that they			
33.0	40.4	38.9	42.5	48.2	56.0	Increased, 2011-2021	No quadratic change	Increased
QN26: Percenta	ge of students who	seriously considered	l attempting suicide	e (during the 12 mo	nths before the			
sur (cj)								

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

	Health Risk Behav	ior and Percentag	es		Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
2013	2015	2017	2019	2021			
of students who a	actually attempted su	uicide (one or more	times during the 1	2 months before			
10.1	11.0	9.3	10.3	12.3	No linear change	No quadratic change	No change
•	2013 of students who a	2013 2015 of students who actually attempted st	2013 2015 2017 of students who actually attempted suicide (one or more	of students who actually attempted suicide (one or more times during the 1	2013 2015 2017 2019 2021 of students who actually attempted suicide (one or more times during the 12 months before	2013 2015 2017 2019 2021 of students who actually attempted suicide (one or more times during the 12 months before	2013 2015 2017 2019 2021 of students who actually attempted suicide (one or more times during the 12 months before

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

San Diego High School Survey 10-year Trend Analysis Report

Female

		Health Risk Behav	ior and Percentag	res		Linear Change [*]	Quadratic Change*	Change from 2019-2021
2011	2013	2015	2017	2019	2021			
QN32: Percenta survey)	ge of students who	currently smoked ci	garettes (on at least	1 day during the 30	days before the			
12.4	8.4	6.0	4.0	3.4	2.9	Decreased, 2011-2021	No quadratic change	No change
QNFRCIG: Pero 30 days before the		who currently smok	ed cigarettes freque	ently (on 20 or more	days during the			,
2.9	0.2	0.5	0.4	0.3	0.3	Decreased, 2011-2021	Decreased, 2011-2015 No change, 2015-2021	No change
		1	oked cigarettes dail	y (on all 30 days du	ring the 30 days			
QNDAYCIG: Poefore the survey	ercentage of studen y)	ts wno currently sm	oned eightenes dans					

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

male bacco Use		Health Risk Behav	rior and Percentag	ges		Linear Change*	Quadratic Change [*]	Change from 2019-2021
2011	2013	2015	2017	2019	2021			
		ever used an electro ens, and mods [such						
yens, e eigais, e	noonans, noonan p	41.9	39.0	44.8	37.2	No linear change	Not available [§]	Decreased
		,						Dooroused
								200104600
vape pens, e-cig		currently used an elokah pens, and mods						
vape pens, e-cig	ars, e-hookahs, hoo	currently used an elokah pens, and mods				No linear change	Not available	No change
vape pens, e-cig east 1 day durin QNFREVP: Per	ars, e-hookahs, hool ng the 30 days befor	currently used an elekah pens, and mods e the survey) 17.7 who currently used	[such as JŪUL, SM	IOK, Suorin, Vuse, 18.5	and blu], on at	<u>-</u>	Not available	

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

obacco Use		Health Risk Behav	ior and Percentag	ges		Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QNDAYEVP: F		its who currently use	d electronic vapor	products daily (on a	all 30 days during			
	re the survey)		-					
the 30 days before	re the survey)	0.5	0.2	2.3	2.1	Increased, 2015-2021	Not available [§]	No change
the 30 days before QNTB5: Percen	-	o currently smoked		2.3	2.1	Increased, 2015-2021	Not available [§]	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

		Health Risk Behav	vior and Percentag	ges		Linear Change [*]	Quadratic Change*	Change from 2019-2021
2011	2013	2015	2017	2019	2021	_		
	age of students who ys before the survey		shol (at least one dr	ink of alcohol, on a	t least 1 day			
32.3	29.6	26.1	29.1	25.8	25.7	Decreased, 2011-2021	No quadratic change	No change
they were fem	age of students who alle or five or more of the 30 days before	drinks of alcohol in						
			13.8	9.0	12.8	No linear change	Not available [§]	No change
N/A6: Darcanta	age of students who	tried marijuana for t	he first time before	e age 13 years				:
M40. I elcella								

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

		Health Risk Behav	ior and Percentag	res		Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
2011	2013	2015	2017	2019	2021			
QN47: Percenta survey)	age of students who	currently used marij	uana (one or more	times during the 30	days before the			
21.5	21.1	15.3	22.3	26.3	17.0	No linear change	No quadratic change	Decreased
	age of students who	ever used synthetic	marijuana (one or n	nore times during th	neir life)			
N48: Percenta	ige of students who	ever used symmetre	3					
QN48: Percenta	age of students who	6.7	6.2	6.9	8.7	No linear change	Not available [§]	No chan
N49: Percenta	age of students who of how a doctor told the nd Percocet, one or i	6.7 ever took prescription to use it (counting	6.2 on pain medicine was drugs such as coo	ithout a doctor's pre	scription or	No linear change	Not available [§]	No chang

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

		Health Risk Behav	ior and Percentag	ges		Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
	ge of students who comore times during the	ever used cocaine (a heir life)	ny form of cocaine	, including powder,	crack, or			
6.9	4.3	2.8	4.0	3.1	3.3	Decreased, 2011-2021	No quadratic change	No change
		ever used heroin (als	so called "smack,"	"junk," or "China W	hite," one or			
		ever used heroin (als	so called "smack," 0.5	"junk," or "China W	Thite," one or	No linear change	Not available [§]	No change
more times durin QN53: Percenta	g their life)	0.8 ever used methamph	0.5	0.9	1.2	No linear change	Not available [§]	No change
more times durin QN53: Percenta	g their life) ge of students who	0.8 ever used methamph	0.5	0.9	1.2	No linear change No linear change	Not available [§] No quadratic change	No change
QN53: Percenta; "ice," or "meth," 3.2	ge of students who one or more times of 1.2	0.8 ever used methamph during their life)	0.5 netamines (also call	0.9 led "speed," "crystal 1.3	1.2 meth," "crank," 1.4			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

San Diego High School Survey 10-year Trend Analysis Report

Female Alcohol and Other Drug Use Health Risk Behavior and Percentages Linear Change* Quadratic Change* Change from 2019-2021 † 2011 2013 2015 2017 2019 2021 QN55: Percentage of students who ever injected any illegal drug (used a needle to inject any illegal drug into their body, one or more times during their life) 1.5 1.0 0.6 0.5 0.9 1.4 No linear change No quadratic change No change QN56: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey) 26.8 29.6 25.2 26.5 25.2 20.2 Decreased, 2011-2021 No change, 2011-2017 Decreased Decreased, 2017-2021

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

San Diego High School Survey 10-year Trend Analysis Report

Female Sexual Behaviors

		Health Risk Behav	vior and Percentag	ges		Linear Change*	Quadratic Change [*]	Change from 2019-2021
2011	2013	2015	2017	2019	2021			
N57: Percentag	ge of students who	ever had sexual inte	rcourse		,			
38.9	34.8	27.8	28.6	27.5	19.8	Decreased, 2011-2021	No quadratic change	Decreased
N58: Percentag	ge of students who	had sexual intercour	rse for the first time	e before age 13 year	s			
2.9	1.7	1.2	1.5	1.3	1.9	No linear change	Decreased, 2011-2015 No change, 2015-2021	No change
N59: Percentag	ge of students who	had sexual intercour	rse with four or mo	re persons during th	eir life			,
8.8	4.9	3.1	3.7	3.3	2.5	Decreased, 2011-2021	Decreased, 2011-2015 No change, 2015-2021	No change
	ge of students who e 3 months before t		ally active (had sex	ual intercourse with	at least one			,
26.3	24.0	20.4	20.7	20.3	13.1	Decreased, 2011-2021	No quadratic change	Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

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		Health Risk Behav	ior and Percentag	res		Linear Change*	Quadratic Change*	Change from 2019-202
2011	2013	2015	2017	2019	2021			
	ge of students who of the sexually active)	drank alcohol or use	d drugs before last	sexual intercourse	(among students			
15.7	11.0	15.9	19.3	19.3	21.4	No linear change	No quadratic change	No change
NICO D		used a condom durin	ng last sexual interc	course (among stude	ents who were			
urrently sexually	y active)				41.9	No linear change	Increased, 2011-2015	No chang

4.1

3.6

Decreased, 2013-2021

Decreased, 2019-2021

Not available§

Not available

9.2

8.0

QN83: Percentage of students who were tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea (during the 12 months before the survey)

12.0

10.4

12.6

Decreased

Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

	1	Health Risk Behav	ior and Percentag	ges		Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
2011	2013	2015	2017	2019	2021			
·	•	·						
	ntage of students whex- and age-specific				ile for body mass	No linear change	Increased, 2011-2015 No change, 2015-2021	No change
dex, based on s 13.4 NOBESE: Pero	ex- and age-specific	17.9 who had obesity (>=	n the 2000 CDC gr 14.2 = 95th percentile fo	rowth charts)§	14.9	No linear change	*	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. Based on t-test analysis, p < 0.05.

[§]Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

		Health Risk Behav	ior and Percentag	res		Linear Change*	Quadratic Change [*]	Change from 2019-2021
2011	2013	2015	2017	2019	2021			
	ge of students who vactivity that increase survey)							
36.8	42.5	42.6	40.8	41.3	40.0	No linear change	No quadratic change	No change
OMPANDAY: P	Percentage of student	ts who did not partic		minutes of physica				,
east 1 day (in an	ny kind of physical a he 7 days before the 19.3	ctivity that increase	d their heart rate ar	15.4	17.9	Decreased, 2011-2021	Decreased, 2011-2015 No change, 2015-2021	No change
east 1 day (in anne time during to 21.3 2NPA7DAY: P	ny kind of physical a the 7 days before the 19.3 Percentage of student tical activity that inc	ctivity that increase survey) 15.6 Is who were physical	16.4 Ily active at least 6	15.4 0 minutes per day o	17.9	Decreased, 2011-2021	,	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

San Diego High School Survey 10-year Trend Analysis Report

Female Physical Activity

Health Risk Behavior and Percentages

Linear Change*
Quadratic Change*
Change from 2019-2021 †

2011 2013 2015 2017 2019 2021

QN80: Percentage of students who played on at least one sports team (counting any teams run by their school

51.2

45.9

QN81: Percentage of students who had a concussion from playing a sport or being physically active (one or

51.4

48.7

or community groups, during the 12 months before the survey)

48.6

more times during the 12 months before the survey)

13.0 11.0 7.3 Decreased, 2017-2021 Not available Decreased

No linear change

Increased, 2011-2017

No change, 2017-2021

No change

44.0

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $^{^{\}dagger}$ Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

Female Other		Health Risk Behav	vior and Percentag	ges		Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
2011	2013	2015	2017	2019	2021			
QN86: Percenta	ge of students who	got 8 or more hours	of sleep (on an ave	erage school night)				
		23.7	23.0	21.7	26.2	No linear change	Not available§	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

San Diego High School Survey 10-year Trend Analysis Report

Female

		Health Risk Behav	ior and Percentag	ges		Linear Change*	Quadratic Change [*]	Change from 2019-2021
2011	2013	2015	2017	2019	2021			
QN88: Percentage	e of students who	are transgender						
			0.6	1.3	3.9	Increased, 2017-2021	Not available [§]	Increased
QN89: Percentage	e of students who	think other people a	t school would desc	cribe them as equall	ly feminine and			
			44.0					
	12.2	11.7	11.2	17.7	14.6	Increased, 2013-2021	Not available	No chang

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

San Diego High School Survey 10-year Trend Analysis Report

		Health Risk Behav	ior and Percentag	ges		Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
2011	2013	2015	2017	2019	2021			
N91: Percenta alue in exchang		have ever been given	n money, a place to	stay, food, or some	ething else of			
			2.5	1.6	2.0	No linear change	Not available [§]	No change
N98: Percenta	ge of students who	have been harassed label 12 months before	because someone the the survey)	nought they were ga	y, lesbian, or			
isexual (one or	more unics during t							
isexual (one or 11.4	7.6	10.9	12.7	14.8	18.4	Increased, 2011-2021	No change, 2011-2015 Increased, 2015-2021	No change
isexual (one or 11.4 2N99: Percenta	7.6 ge of students who		l someone names b			Increased, 2011-2021		No change

15.6

11.7

Decreased, 2015-2021

19.1

16.0

No change

Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

nale e-Added		Health Risk Behav	rior and Percentag	ges		Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
2011	2013	2015	2017	2019	2021			
		o reported a revealin ermission (during th			ted, e-mailed, or			
		2.6	3.3	3.5	5.0	Increased, 2015-2021	Not available§	No change
		2.0				110104504, 2010 2021	1 tot a variable	140 change
		o did something to p	urposely hurt them	selves without want	ing to die (such		Tot uvaliable	Two change
		o did something to p	urposely hurt them	selves without want	ing to die (such	Increased, 2011-2021	No change, 2011-2017 Increased, 2017-2021	Increased
22.7 2N105: Percent	24.7 tage of students who	o did something to p purpose one or more	urposely hurt them e times during the 24.3	uselves without want 12 months before th 26.4 more years older tha	ing to die (such e survey) 34.8		No change, 2011-2017	

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

San Diego High School Survey 10-year Trend Analysis Report

Female

		Health Risk Behav	ior and Percentag	ges		Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
2011	2013	2015	2017	2019	2021			
QN106: Percent	age of students who	have been pregnan	t or gotten someon	e pregnant (one or i	more times)			
4.1	1.5	1.9	2.0	1.9	1.3	Decreased, 2011-2021	No quadratic change	No change
QN107: Percent	age of students who	have ever participa	ted in oral sex					
35.3	35.7	32.0	31.7	30.3	24.2	Decreased, 2011-2021	No quadratic change	Decreased
N112: Percent	age of students who	have been taught a	bout AIDS or HIV	infection in school				
				83.1	77.1	Decreased, 2019-2021	Not available [§]	Decreased
		have ever been tau iseases (STDs) (incl		how to use a conde	om to prevent			
			87.0	85.2	75.3	Decreased, 2017-2021	Not available	Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

Female Site-Added		Health Risk Behavi	ior and Percentag	ges		Linear Change*	Quadratic Change [*]	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
		o have ever been taug oms, or HIV or other						
			77.7	77.7	59.6	Decreased, 2017-2021	Not available§	Decreased
they could get te	sted for HIV or oth	o had a teacher or oth er sexually transmitte g during the 12 montl	ed diseases (STDs)	(among students w		I		
			27.5	17.0	8.8	Decreased, 2017-2021	Not available	Decreased
	rth control (among	o had a teacher or oth students who needed						
			29.3	24.5	24.8	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

San Diego High School Survey 10-year Trend Analysis Report

Female

		Health Risk Behav	rior and Percentag	ges		Linear Change*	Quadratic Change*	Change from 2019-2021
2011	2013	2015	2017	2019	2021			
		o disagree or strongly	y disagree that thei	r school has clear c	onsequences for			
	tage of students who		y disagree that thei	r school has clear co	onsequences for 22.3	No linear change	Not available [§]	Decreas
		tudents			·	No linear change	Not available [§]	Decreased
tudents who bul	lly or harass other s	tudents	23.6	27.9	22.3	No linear change	Not available [§]	Decre

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

		Health Risk Beha	vior and Percenta	ges		Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
2011	2013	2015	2017	2019	2021			
	ge of students who re es during the 30 day			g alcohol (in a car o	or other vehicle,			
24.3	18.0	20.2	15.5	15.2	12.1	Decreased, 2011-2021	No quadratic change	No change
24.3						,	1 8	
QN10: Percenta	age of students who and the 30 days before the survey) 10.3					No linear change	Not available [¶]	No change
QN10: Percenta more times during the 30 days before QN11: Percenta	ng the 30 days before the survey) 10.3 age of students who also before the survey	8.7 texted or e-mailed w	students who had a student who had a students who had a student who had a students who had a students who had a students who ha	6.2 or other vehicle (on	6.3 at least 1 day	<u> </u>		

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

ijury and Violend	ce	Health Risk Beha	vior and Percenta	ages		Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
2011	2013	2015	2017	2019	2021			
ON12: Percentage	e of students who	carried a weapon on	school property (s	uch as a gun, knife,	or club, on at			
	the 30 days before	e the survey)						
		e the survey) 2.6	2.5	1.2	2.3	Decreased, 2011-2021	No quadratic change	No change

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

Vhite* njury and Violen	ace	Health Risk Beha	vior and Percenta	ges		Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
2011	2013	2015	2017	2019	2021			
		were threatened or i	njured with a weaponths before the surv		ty (such as a			
viin knite orciii.								
4.5	5.1	3.2	5.7	4.9	4.9	No linear change	No quadratic change	No change
4.5	5.1 ge of students who	-	5.7	4.9		No linear change	No quadratic change	No change
4.5 QN17: Percentag	5.1 ge of students who	3.2	5.7	4.9		No linear change Decreased, 2011-2021	No quadratic change	No change
4.5 QN17: Percentag 12 months before 10.7	5.1 ge of students who the survey) 4.5	3.2 were in a physical fi	5.7 ight on school propo 5.3	4.9 erty (one or more ti	mes during the			

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05.

Vhite* njury and Viole	nce	Health Risk Beha	vior and Percenta	eges		Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
2011	2013	2015	2017	2019	2021	_		
dating or going of forced to have se	out with to do sexua exual intercourse] th	experienced sexual of things [counting substantial they did not want and or went out with	ich things as kissin to do, one or more	g, touching, or being times during the 1	g physically 2 months before			
	11.5	11.7	13.0	9.7	12.6	No linear change	Not available¶	No change
someone they we njured with an o	ere dating or going object or weapon] or	experienced physica out with [counting s ne or more times dur e during the 12 mon 8.0	uch things as being ring the 12 months	hit, slammed into s before the survey, a	something, or	No linear change	Not available	No change
QN23: Percenta survey)	ge of students who	were bullied on scho	ool property (ever o	luring the 12 month	as before the			
16.1	20.0	21.4	21.1	14.3	13.8	No linear change	Increased, 2011-2015	No change

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

Vhite* njury and Violei	nce							
		Health Risk Beha	vior and Percenta	ges		Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
2011	2013	2015	2017	2019	2021			
		were electronically l media, ever during			texting,			
17.3	16.1	17.1	16.7	9.5	13.3	No linear change	No quadratic change	No change
17.3 QN25: Percentag	16.1	17.1 felt sad or hopeless ever during the 12 i	(almost every day f	For >=2 weeks in a r		No linear change	No quadratic change	No change
17.3 QN25: Percentag	16.1	felt sad or hopeless	(almost every day f	For >=2 weeks in a r		No linear change Increased, 2011-2021	No quadratic change No quadratic change	No change
17.3 QN25: Percentage stopped doing so 20.1	ge of students who me usual activities,	felt sad or hopeless ever during the 12 i	(almost every day f months before the s 29.3	For >=2 weeks in a rurvey) 28.5	ow so that they 37.8			

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05.

ajury and Violence		Health Risk Beha	vior and Percenta	ages		Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
2011	2013	2015	2017	2019	2021			
N28: Percentage (ne survey)	of students who a	actually attempted s	uicide (one or more	e times during the 1	2 months before			

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05.

San Diego High School Survey 10-year Trend Analysis Report

White*

		Health Risk Beha	vior and Percenta	ages		Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
2011	2013	2015	2017	2019	2021			
QN32: Percenta survey)	ge of students who	currently smoked ci	garettes (on at least	t 1 day during the 30	0 days before the			
13.0	12.3	8.3	4.4	3.8	3.5	Decreased, 2011-2021	No quadratic change	No change
QNFRCIG: Pero 30 days before the		who currently smok	ed cigarettes freque	ently (on 20 or more	e days during the			
5.3	1.6	1.1	1.3	1.2	1.2	Decreased, 2011-2021	Decreased, 2011-2015 No change, 2015-2021	No change
QNDAYCIG: Postore the survey		s who currently sm	oked cigarettes dail	ly (on all 30 days du	uring the 30 days			
2.2	1.0	0.7	1.3	1.2	1.2	No linear change	No quadratic change	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05.

White* Fobacco Use		Health Risk Beha	vior and Percenta	ges		Linear Change [†]	Quadratic Change [†]	Change from
								2019-2021 [§]
2011	2013	2015	2017	2019	2021			
ON34: Percenta	age of students who	ever used an electro						
		ens, and mode Isuch	as IIIIII SMOK	Suorin Viice and h				
	-hookahs, hookah p	ens, and mods [such	as JUUL, SMOK,	Suorin, Vuse, and b	iuj)			
		ens, and mods [such 39.1	as JUUL, SMOK, 37.6	Suorin, Vuse, and b	28.1	Decreased, 2015-2021	Not available [¶]	Decreased
pens, e-cigars, e- QN35: Percenta vape pens, e-cig.	age of students who	39.1 currently used an elekah pens, and mods	37.6	44.3 uct (including e-cig	28.1 arettes, vapes,	Decreased, 2015-2021	Not available [¶]	Decreased
QN35: Percenta vape pens, e-cig.	age of students who	39.1 currently used an elekah pens, and mods	37.6	44.3 uct (including e-cig	28.1 arettes, vapes,	Decreased, 2015-2021 Decreased, 2015-2021	Not available¶	Decreased
QN35: Percenta vape pens, e-cig- least 1 day durin	age of students who	currently used an elekah pens, and mods e the survey) 21.0 who currently used	37.6 ectronic vapor prod [such as JUUL, SM] 10.0	uct (including e-cig IOK, Suorin, Vuse, 18.8	arettes, vapes, and blu], on at			

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

		Health Risk Beha	vior and Percenta	nges		Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
2011	2013	2015	2017	2019	2021			
	Percentage of studer	its who currently use	ed electronic vapor	products daily (on	all 30 days during	;		
QNDAYEVP: Ithe 30 days befo		·	ed electronic vapor	products daily (on a	all 30 days during		Not available¶	No change
		ats who currently use	•			Increased, 2015-2021	Not available¶	No change
he 30 days befo		1.8	0.5	6.1	3.7	Increased, 2015-2021	Not available¶	No change

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

		Health Risk Beha	vior and Percenta	ges		Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
2011	2013	2015	2017	2019	2021	<u> </u>		
	ge of students who	currently drank alco	hol (at least one dri	ink of alcohol, on at	least 1 day			
27.3	37.4	31.8	35.5	28.7	22.6	No linear change	No change, 2011-2017 Decreased, 2017-2021	No chang
f they were fema		currently were bingedrinks of alcohol in the the survey)						

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

		Health Risk Beha	vior and Percenta	nges		Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
2011	2013	2015	2017	2019	2021			
QN47: Percentag survey)	ge of students who	currently used marij	uana (one or more	times during the 30	days before the			
17.8	23.6	20.1	25.4	21.8	15.3	No linear change	No change, 2011-2017 Decreased, 2017-2021	No chang
QN48: Percentag	ge of students who	ever used synthetic	marijuana (one or r	more times during the	heir life)			
		7.1	5.4	5.4	5.1	No linear change	Not available [¶]	No chang
differently than h	now a doctor told th	ever took prescription to use it (counting the more times during the	on pain medicine w	rithout a doctor's pre	escription or	No linear change	not available	INO

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

		Health Risk Beha	vior and Percenta	ges		Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
2011	2013	2015	2017	2019	2021			
	ge of students who more times during t	ever used cocaine (a heir life)	any form of cocaine	, including powder,	crack, or			
7.6	8.6	4.3	3.8	3.4	2.9	Decreased, 2011-2021	No quadratic change	No change
		ever used heroin (als	so called "smack,"	"junk," or "China W	hite," one or			
		ever used heroin (als	so called "smack," \	"junk," or "China W	Thite," one or	No linear change	Not available¶	No change
more times durin	g their life)	2.7 ever used methamph	1.2	0.3	1.2	No linear change	Not available¶	No change
more times durin	ge of students who	2.7 ever used methamph	1.2	0.3	1.2	No linear change Decreased, 2011-2021	Not available¶ No quadratic change	No change
QN53: Percenta, 'ice," or "meth,"	ge of students who one or more times of 4.7	2.7 ever used methamph during their life)	1.2 netamines (also call 2.7	0.3 ed "speed," "crystal 0.6	1.2 meth," "crank,"			

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

		Health Risk Beha	vior and Percenta	ges	Linear Change [†]	Change from 2019-2021 §		
2011	2013	2015	2017	2019	2021			
	ge of students who	ever injected any illog their life)	egal drug (used a ne	eedle to inject any il	legal drug into	,		
ieir body, one c								

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05.

San Diego High School Survey 10-year Trend Analysis Report

White*

		Health Risk Beha	vior and Percenta	nges		Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
2011	2013	2015	2017	2019	2021			
QN57: Percentag	ge of students who	ever had sexual inte	rcourse	:				
28.5	34.3	31.5	31.7	25.7	21.0	Decreased, 2011-2021	No change, 2011-2017 Decreased, 2017-2021	No change
QN58: Percentag	ge of students who	nad sexual intercour	rse for the first time	e before age 13 year	s			,
2.4	3.6	2.4	1.8	0.3	2.3	No linear change	No quadratic change	Increased
QN59: Percentag	ge of students who	had sexual intercour	rse with four or mo	re persons during th	eir life			
9.3	7.3	7.1	4.1	7.1	4.2	Decreased, 2011-2021	No quadratic change	No change
	ge of students who	were currently sexuate he survey)	ally active (had sex	ual intercourse with	at least one			
20.4	26.0	25.1	21.0	20.1	13.4	Decreased, 2011-2021	No change, 2011-2015 Decreased, 2015-2021	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

San Diego High School Survey **10-year Trend Analysis Report**

		Health Risk Beha	vior and Percenta	ges		Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
2011	2013	2015	2017	2019	2021			
	ge of students who	drank alcohol or use	ed drugs before last	sexual intercourse	(among students			
27.4	23.8	21.6	20.7	35.4	30.3	No linear change	No quadratic change	No change
QN62: Percenta currently sexuall		used a condom duri	ng last sexual interc	course (among stud	ents who were			
60.6	57.5	59.5	56.7	54.9	38.2	No linear change	No quadratic change	No change
	ge of students who donated blood)	were ever tested for	human immunodef	iciency virus (HIV) (not counting			
ests done if they		8.0	8.0	8.0	3.9	Decreased, 2013-2021	Not available¶	Decreased

7.6

4.1

Decreased, 2019-2021

Not available

as chlamydia or gonorrhea (during the 12 months before the survey)

Decreased

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

		Health Risk Beha	vior and Percenta		Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §	
2011	2013	2015	2017	2019	2021			
			: · · · · · · · · · · · · · · · · · · ·					
QNOWT: Perce	ntage of students where and age-specific				ile for body mass	No linear change	No quadratic change	No change
QNOWT: Percendex, based on s 9.7 QNOBESE: Per	sex- and age-specific	the reference data from the state of the sta	9.6 = 95th percentile fo	owth charts)¶ 9.0	8.5	No linear change	No quadratic change	No chang

^{*}Non-Hispanic.

 $^{^{\}dagger}$ Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

hysical Activity		Health Risk Beha	Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §			
2011	2013	2015	2017	2019	2021			
	activity that increas	were physically acti ed their heart rate a						
59.1	55.7	62.2	61.2	58.2	58.7	No linear change	No quadratic change	No change
39.1						C	1 6	
QNPA0DAY: Peast 1 day (in an		ts who did not particutivity that increase survey)						- 1.0 0.0
QNPA0DAY: Peast 1 day (in an	y kind of physical a	activity that increase				Decreased, 2011-2021	Decreased, 2011-2015 No change, 2015-2021	No change
QNPA0DAY: Pleast 1 day (in an the time during the 15.3	y kind of physical a he 7 days before the 12.7 ercentage of studen ical activity that inc	ectivity that increase survey)	7.3	8.7 0 minutes per day of	he hard some of 8.2 on all 7 days (in	Decreased, 2011-2021	Decreased, 2011-2015	

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05.

		Health Risk Beha	vior and Percenta	ges		Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
2011	2013	2015	2017	2019	2021			
		played on at least on months before the s		nting any teams run	by their school	,		
62.7	61.4	66.0	70.3	66.7	62.3	No linear change	No quadratic change	No change

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

Vhite* Other		Health Risk Beha	vior and Percenta	Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §		
2011	2013	2015	2017	2019	2021			
QN86: Percenta	ge of students who	got 8 or more hours	of sleep (on an ave	erage school night)				
		29.8	30.6	27.4	39.5	No linear change	Not available¶	Increased

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

QN88: Percentage of students v QN89: Percentage of students v masculine 7.5		2017 or 0.9	2019 1.2	2021			
QN89: Percentage of students v masculine 7.5	ts who are transgende		1.2	4.0			
nasculine 7.5		0.9	1.2	40			
nasculine 7.5				4.7	Increased, 2017-2021	Not available [¶]	Increased
	8.6	5.9	9.3	7.8	No linear change	Not available	No change
QN90: Percentage of students vecontrol them or emotionally humous spend time with, being humowanted, during the 12 months before the survey	nurt them one or mor umiliated in front of one s before the survey, a	e times (such things as b thers, or being threatene	eing told who they ced if they did not do	could and could what they	No linear change	Not available	No chang

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

White* Site-Added								
		Health Risk Beha	vior and Percenta	ges		Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
2011	2013	2015	2017	2019	2021			
QN91: Percenta value in exchang		have ever been give	n money, a place to	stay, food, or some	ething else of			
			1.6	1.5	2.6	No linear change	Not available¶	No change
		have been harassed the 12 months before		hought they were ga	ay, lesbian, or			
10.2	8.4	10.2	14.6	10.9	19.4	Increased, 2011-2021	No quadratic change	Increased
		have teased or called		ecause the students	thought they			,
				10.9	13.8	No linear change	Not available	No change
		o had texted, e-maile efore the survey)	ed, or posted electro	onically a revealing	or sexual photo			
of themselves (d	ding the eo days o							

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

Vhite* ite-Added								
		Health Risk Beha	vior and Percenta	ages		Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
2011	2013	2015	2017	2019	2021			
		o reported a revealin ermission (during th			kted, e-mailed, or			
		2.0	3.7	2.3	4.2	No linear change	Not available¶	No change
		2.0 o did something to p purpose one or more	urposely hurt them	selves without wan	ting to die (such	No linear change	Not available¶	No change
		o did something to p	urposely hurt them	selves without wan	ting to die (such	No linear change Increased, 2011-2021	Not available¶ No change, 2011-2017 Increased, 2017-2021	No change
18.1 QN105: Percent	ning themselves on 16.7 tage of students who	o did something to p purpose one or more	urposely hurt them te times during the 1 17.4 hers were three or n	selves without wan 12 months before th 17.6	ting to die (such e survey) 25.9	<u> </u>	No change, 2011-2017	

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

		Health Risk Beha	vior and Percenta	ages		Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
2011	2013	2015	2017	2019	2021			
QN106: Percent	age of students who	have been pregnan	t or gotten someon	e pregnant (one or i	more times)			
2.8	1.7	1.8	0.8	2.2	1.3	No linear change	No quadratic change	No change
QN107: Percent	age of students who	have ever participa	ted in oral sex					
36.3	46.0	39.2	40.4	33.3	25.3	Decreased, 2011-2021	No change, 2011-2017 Decreased, 2017-2021	No change
QN112: Percent	age of students who	have been taught a	bout AIDS or HIV	infection in school				
				86.6	82.8	No linear change	Not available¶	No change
	age of students who			how to use a condo	om to prevent			
			89.7	86.3	82.5	Decreased, 2017-2021	Not available	No change

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

White* Site-Added		Health Risk Reha	vior and Percenta	oes.		Linear Change [†]	Quadratic Change [†]	Change from				
		Tieurii Risk Benu	vioi unu i creentu	ges.	Emeur Change	Quauranc Change	2019-2021 §					
2011	2013	2015										
	N114: Percentage of students who have ever been taught in school about where they could get sexual health ervices (such as birth control, condoms, or HIV or other sexually transmitted disease (STD) testing or											
			75.0	76.1	65.5	Decreased, 2017-2021	Not available¶	Decreased				
	tage of students who											
	or other STD testing				no needed to find							
					6.2	Decreased, 2017-2021	Not available	No change				
a place for HIV QN116: Percen	or other STD testing	g during the 12 mont o had a teacher or otl	24.1 her adult in their scl	9.4 hool help them find	6.2 a place where		Not available	No change				

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

		Health Risk Beha	vior and Percenta	Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §		
2011	2013	2015	2017	2019	2021			
	tage of students who	o disagree or strongl	y disagree that their	r school has clear co	onsequences for	,		
tuaents wno bu	HIV OF DATACE OTDER C							

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

2015 rode with a driver wh ys before the survey) 21.3		2019 g alcohol (in a car o	2021			
ys before the survey)		g alcohol (in a car o	or other vehicle,	+ + + + + + + + + + + + + + + + + + + +		
21.3			ŕ			
	15.2	10.2	5.2	Decreased, 2011-2021	No quadratic change	No chang
	school property (s	uch as a gun, knife,	or club, on at			
6.1	4.0	5.2	1.5	Not available	Not available¶	No chang
	re the survey) 6.1	6.1 4.0	6.1 4.0 5.2	- '	6.1 4.0 5.2 1.5 Not available	6.1 4.0 5.2 1.5 Not available Not available

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

slack* njury and Violer	nce							
		Health Risk Beha	nvior and Percenta	ges		Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
2011	2013	2015	2017	2019	2021			
		did not go to school g the 30 days before		nsafe at school or o	n their way to or			
	at reast r any auring							
6.1	5.2	5.3	4.2	7.5	5.6	No linear change	No quadratic change	No change
6.1 QN15: Percentag	5.2 ge of students who		4.2	on on school proper		No linear change	No quadratic change	No change
6.1 QN15: Percentag gun, knife, or clui 5.8	5.2 ge of students who ib, one or more time 2.0 ge of students who	5.3 were threatened or i es during the 12 mor	njured with a weaponths before the surv	on on school proper ey) 6.2	ty (such as a			

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05.

	Health Risk Beha	vior and Percenta	Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §		
2013	2015	2017	2019	2021	_		
e of students who	were ever physically	forced to have sex	ual intercourse (wh	nen they did not	,		
9.7	9.8	9.8	7.2	10.7	No linear change	No quadratic change	No change
	e of students who	2013 2015 e of students who were ever physically	2013 2015 2017 e of students who were ever physically forced to have sex	e of students who were ever physically forced to have sexual intercourse (where the students who were ever physically forced to have sexual intercourse (where the students who were ever physically forced to have sexual intercourse (where the students who were ever physically forced to have sexual intercourse (where the students who were ever physically forced to have sexual intercourse (where the students who were ever physically forced to have sexual intercourse (where the students who were ever physically forced to have sexual intercourse (where the students who were ever physically forced to have sexual intercourse (where the students who were ever physically forced to have sexual intercourse (where the students who were ever physically forced to have sexual intercourse (where the students who were ever physically forced to have sexual intercourse (who have sexual interc	2013 2015 2017 2019 2021 e of students who were ever physically forced to have sexual intercourse (when they did not	2013 2015 2017 2019 2021 e of students who were ever physically forced to have sexual intercourse (when they did not	2013 2015 2017 2019 2021 e of students who were ever physically forced to have sexual intercourse (when they did not

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

		Health Risk Beha	vior and Percenta	ages		Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §			
2011	2013	2015	2017	2019	2021						
omeone they w	22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by seone they were dating or going out with [counting such things as being hit, slammed into something, or red with an object or weapon] one or more times during the 12 months before the survey, among students of dated or went out with someone during the 12 months before the survey)										
					5.8	No linear change	Not available¶	No change			
who dated or we QN23: Percenta	nt out with someone	e during the 12 mon	ths before the surve	6.1	5.8	No linear change	Not available¶	No change			
who dated or we QN23: Percenta	nt out with someone	e during the 12 mont	ths before the surve	6.1	5.8	No linear change No linear change	Not available Increased, 2011-2017 Decreased, 2017-2021	No change			
QN23: Percentaurvey) 11.1 QN24: Percenta	5.5 ge of students who	11.7 were bullied on scho	5.3 ool property (ever of 28.2 bullied (counting be	6.1 during the 12 month 12.0 eing bullied through	5.8 as before the 11.6	<u>.</u>	Increased, 2011-2017				

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

njury and Violer	nce	Health Risk Beha	vior and Percenta	oges		Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
2011	2013	2015	2017	2019	2021			
QN25: Percentag		felt sad or hopeless			row so that they			
	me usual activities.	ever during the 12 i	months before the s	urvev)				
	ome usual activities, 25.3	ever during the 12 mag. 23.6	30.8	25.3	40.2	Increased, 2011-2021	No quadratic change	Increased
22.0 2N26: Percentag	25.3		30.8	25.3		Increased, 2011-2021	No quadratic change	Increased
topped doing soil	25.3	23.6	30.8	25.3		Increased, 2011-2021 No linear change	No quadratic change No quadratic change	Increased No change
22.0 2N26: Percentagurvey) 12.7	25.3 ge of students who 16.3	23.6 seriously considered	30.8 d attempting suicide 18.5	25.3 e (during the 12 mo	nths before the 24.4	, 		

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05.

clack* njury and Violence		Health Risk Beha	vior and Percenta	ges	Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §	
2011	2013	2015	2017	2019	2021			
QN29: Percentage of had to be treated by					or overdose that			
1.9	2.6	2.0	2.8	0.0	4.2	Not available	Not available¶	Not availabl

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

San Diego High School Survey 10-year Trend Analysis Report

Rlack*

		Health Risk Beha	vior and Percenta	ges		Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
2011	2013	2015	2017	2019	2021			
QN32: Percenta survey)	age of students who	currently smoked ci	garettes (on at least	1 day during the 30) days before the			
10.8	7.4	5.3	2.9	3.9	3.2	Decreased, 2011-2021	No quadratic change	No change
QNFRCIG: Pero 30 days before the		who currently smok	ed cigarettes freque	ently (on 20 or more	days during the			
1.5	1.7	2.6	1.1	1.7	0.0	Not available	Not available¶	Not available
		ts who currently sm	oked cigarettes dail	y (on all 30 days du	uring the 30 days			
pefore the survey								

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

Cobacco Use		Health Risk Beha	vior and Percenta	ages		Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
2011	2013	2015	2017	2019	2021			
		ever used an electro ens, and mods [such						
	:-HOOKAHS, HOOKAH D	ens, and mods (such	as juul, smuk,	Suomi, vuse, and t	nuj <i>)</i>			
pens, e-cigars, e	, moonans, moonan p	, ,						
pens, e-cigars, e	, noonan, noonan p	43.9	41.2	31.5	28.7	Decreased, 2015-2021	Not available [¶]	No change
QN35: Percenta	age of students who	43.9 currently used an elokah pens, and mods	41.2 ectronic vapor prod	luct (including e-cig	garettes, vapes,	Decreased, 2015-2021	Not available¶	No change
QN35: Percenta	age of students who	43.9 currently used an elokah pens, and mods	41.2 ectronic vapor prod	luct (including e-cig	garettes, vapes,	Decreased, 2015-2021 No linear change	Not available¶ Not available	
QN35: Percenta vape pens, e-cig least 1 day durin QNFREVP: Per	age of students who gars, e-hookahs, hoo ng the 30 days befor	currently used an elekah pens, and mods e the survey) 20.6	41.2 ectronic vapor prod [such as JUUL, SM	luct (including e-cig 1OK, Suorin, Vuse, 9.8	arettes, vapes, and blu], on at			No change No change

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

2011				Health Risk Behavior and Percentages					
2011	2013	2015	2017	2019	2021				
QNDAYEVP: Percenta		ts who currently use	ed electronic vapor	products daily (on a	all 30 days during				
·	• ,	1.7	0.0	0.0	2.4	Not available	Not available¶	Not available	

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

		Health Risk Beha	vior and Percenta	iges		Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
2011	2013	2015	2017	2019	2021			
2011 2013 2015 2017 2019 2021 2N41: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day uring the 30 days before the survey)								
26.3	21.3	18.3	15.9	11.4	10.8	Decreased, 2011-2021	No quadratic change	No change
f they were fema	ge of students who ale or five or more of the 30 days before	lrinks of alcohol in						
			6.0	0.0	5.0	Not available	Not available¶	Not availah

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

		Health Risk Beha	vior and Percenta	nges		Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
2011	2013	2015	2017	2019	2021			
QN47: Percenta survey)	age of students who	currently used marij	uana (one or more	times during the 30	days before the			
31.4	21.6	19.7	25.4	22.0	15.2	No linear change	No quadratic change	No chang
QN48: Percenta	age of students who	ever used synthetic s	marijuana (one or r 5.4	more times during th	neir life) 9.6	No linear change	Not available¶	No chan
QN49: Percenta differently than	age of students who age of students who how a doctor told the	8.0 ever took prescription to use it (counting the counting to the counting the co	5.4 on pain medicine w	4.6	9.6	No linear change	Not available [¶]	No chang

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

	er Drug Use	Health Risk Beha	vior and Percenta	ges		Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
2011	2013	2015	2017	2019	2021	_		
	ge of students who more times during t		any form of cocaine	, including powder,	crack, or			
1.7	2.1	6.5	5.7	1.7	0.0	Not available	Not available¶	Not available
		ever used heroin (als	so called "smack,"	"junk," or "China W	hite," one or			
		ever used heroin (als	so called "smack," 2.7	"junk," or "China W	hite," one or	Not available	Not available	Not availab
more times durin	g their life)	5.4 ever used methamph	2.7		1.1	Not available	Not available	Not availabl
more times durin	g their life) ge of students who	5.4 ever used methamph	2.7	0.0	1.1	Not available Not available	Not available Not available	Not availabl
QN53: Percenta "ice," or "meth," 4.4	ge of students who one or more times a 2.0	5.4 ever used methamph during their life) 5.7	2.7 netamines (also call	0.0 ed "speed," "crystal	1.1 meth," "crank," 0.0			

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

		Health Risk Beha	Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §			
2011	2013	2015	2017	2019	2021			
·	2 1 1		1.1 / 1	11				
	ge of students who or more times during		egal drug (used a no	eedle to inject any i	llegal drug into			

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05.

San Diego High School Survey 10-year Trend Analysis Report

Black*

		Health Risk Beha	vior and Percenta	ages		Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
2011	2013	2015	2017	2019	2021			
QN57: Percentag	ge of students who	ever had sexual inte	rcourse		:	1		
53.4	36.5	32.6	40.2	27.2	22.6	Decreased, 2011-2021	No quadratic change	No change
QN58: Percentag	ge of students who	had sexual intercour	rse for the first time	e before age 13 year	rs			
10.4	5.4	8.9	9.0	1.4	2.9	No linear change	No quadratic change	No change
QN59: Percentag	ge of students who	had sexual intercour	rse with four or mo	re persons during th	neir life			,
20.2	10.7	12.5	13.3	5.6	5.1	Decreased, 2011-2021	No quadratic change	No change
	ge of students who e 3 months before t	were currently sexuates the survey)	ally active (had sex	ual intercourse with	h at least one			<u> </u>
-	19.2	22.6	26.7	15.2	15.7	Decreased, 2011-2021	No quadratic change	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05.

		Health Risk Beha	vior and Percenta	ges		Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
2011	2013	2015	2017	2019	2021			
N82: Percentage		were ever tested for	human immunodef	iciency virus (HIV)	(not counting	,		
	14.7	11.6	13.0	11.7	6.4	No linear change	Not available¶	No change

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

		Health Risk Beha	vior and Percenta	ges		Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
2011	2013	2015	2017	2019	2021			
	:							
	ntage of students wheex- and age-specific				ile for body mass	No linear change	No quadratic change	No chan
17.1 QNOBESE: Per	sex- and age-specific	22.2 who had obesity (>=	24.7 = 95th percentile fo	owth charts)¶ 17.6	17.3	No linear change	No quadratic change	No cl

^{*}Non-Hispanic.

 $^{^{\}dagger}$ Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

hysical Activity		Health Risk Beha	vior and Percenta	ages		Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
2011	2013	2015	2017	2019	2021			
	activity that increas	were physically acti ed their heart rate ar						
49.6	50.1	54.9	42.4	38.8	44.9	No linear change	No quadratic change	No change
east 1 day (in an		ts who did not partic activity that increase e survey) 13.5				No linear change	No quadratic change	No change
east 1 day (in an he time during to 19.7 QNPA7DAY: P	ny kind of physical a the 7 days before the 23.1 Percentage of studen sical activity that inc	activity that increase e survey)	22.2 Ally active at least 6	21.5 00 minutes per day of	26.1 an all 7 days (in	No linear change	No quadratic change	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05.

Black* Physical Activity		Health Risk Beha	vior and Percenta	Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §		
2011	2013	2015	2017	2019	2021			
		played on at least or months before the s		nting any teams rur	by their school			
59.2	63.3	68.7	61.1	53.0	50.7	No linear change	No change, 2011-2015 Decreased, 2015-2021	No change
	ge of students who less the 12 months bet	had a concussion fro fore the survey)	om playing a sport	or being physically	active (one or			
			19.5	20.9	7.5	Decreased, 2017-2021	Not available¶	Decreased

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

Black* Other		Health Risk Beha	vior and Percenta	Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §		
2011	2013	2015	2017	2019	2021			
QN86: Percenta	ge of students who	got 8 or more hours	of sleep (on an ave	erage school night)				
		27.5	26.9	24.1	26.2	No linear change	Not available [¶]	No change

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

Black* Site-Added		Health Risk Beha	vior and Percenta	ges		Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
2011	2013	2015	2017	2019	2021			
QN88: Percenta	age of students who	are transgender	,					
			2.0	0.0	5.2	Not available	Not available¶	Not available
QN89: Percenta	age of students who	think other people a	t school would desc	cribe them as equal	y feminine and			
	8.1	9.4	10.9	17.7	18.5	No linear change	Not available	No change
control them or on not spend time wanted, during t	age of students who a emotionally hurt the with, being humiliate the 12 months before efore the survey)	m one or more time ed in front of others,	s (such things as be or being threatened	eing told who they o	ould and could what they	No linear change	Not available	No change

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

		Health Risk Beha	vior and Percenta	ges		Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
2011	2013	2015	2017	2019	2021			
QN91: Percenta		have ever been give	n money, a place to	stay, food, or som	ething else of			
			6.9	0.0	2.4	Not available	Not available [¶]	Not available
		have been harassed the 12 months before		nought they were g	ay, lesbian, or			
				nought they were g	ay, lesbian, or 21.3	Increased, 2011-2021	No quadratic change	No change
9.3 QN99: Percenta	more times during 4.4 age of students who	the 12 months before	23.1 d someone names b	22.3	21.3	Increased, 2011-2021	No quadratic change	No change
9.3 QN99: Percenta	more times during 4.4 age of students who	the 12 months before 13.8 have teased or called	23.1 d someone names b	22.3	21.3	Increased, 2011-2021 No linear change	No quadratic change Not available	No change
9.3 QN99: Percentawere gay, lesbia QN100: Percent	4.4 age of students who n, or bisexual (during	the 12 months before 13.8 have teased or called the 12 months before the 13 months are the 14 months before the 1	d someone names b	22.3 ecause the students	21.3 thought they 9.3			

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

Black* Site-Added								
		Health Risk Beha	vior and Percenta	ages		Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
2011	2013	2015	2017	2019	2021			
		o reported a revealin ermission (during th			kted, e-mailed, or			
		7.1	4.7	4.0	9.4	No linear change	Not available¶	No change
		7.1	4.7	7.0			Trot uvaliable	
QN102: Percent as cutting or burn 12.6	tage of students who ning themselves on 7.7	o did something to p purpose one or more	urposely hurt thems	selves without wan	ting to die (such	No linear change	No quadratic change	
as cutting or bur	ning themselves on 7.7	o did something to p purpose one or more	urposely hurt themse times during the 1	selves without wand 2 months before th	ting to die (such e survey)			No change
as cutting or bur	ning themselves on 7.7	o did something to p purpose one or more 13.8	urposely hurt themse times during the 1	selves without wand 2 months before th	ting to die (such e survey)			No change
as cutting or bur 12.6 QN106: Percent 7.6	7.7 tage of students who	o did something to p purpose one or more 13.8	urposely hurt themse times during the 1 11.4 t or gotten someone 2.0	selves without wand 2 months before the 16.0	ting to die (such e survey) 19.3 more times)	No linear change	No quadratic change	

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

Black* Site-Added		Health Risk Beha	vior and Percenta	ges		Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 [§]
2011	2013	2015	2017	2019	2021			
QN112: Percen	tage of students who	o have been taught a	oout AIDS or HIV	infection in school 74.2	82.9	No linear change	Not available¶	No change
		o have ever been tau iseases (STDs) (incl		how to use a condo	om to prevent			
			73.8	81.6	76.5	No linear change	Not available	No change
		o have ever been taug loms, or HIV or othe						
			67.0	79.7	70.8	No linear change	Not available	No change

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

San Diego High School Survey 10-year Trend Analysis Report

Black* Site-Added		Health Risk Beha	vior and Percenta	Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §		
2011	2013	2015	2017	2019	2021			
	tage of students who	o disagree or strongl tudents	y disagree that their	r school has clear co	onsequences for			
		18.4	21.2	20.9	20.8	No linear change	Not available¶	No change

QN125: Percentage of students who strongly agree or agree that they feel close to people at their school

57.2 50.0 No linear change Not available No change

^{*}Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

		Health Risk Behav	ior and Percentag	ges		Linear Change*	Quadratic Change*	Change from 2019-2021
2011	2013	2015	2017	2019	2021			
		ode with a driver wh s before the survey)		g alcohol (in a car o	r other vehicle,			
27.1	22.1	23.4	16.8	18.6	14.6	Decreased, 2011-2021	No quadratic change	Decreased
	ng the 30 days befor	drove a car or other e the survey, among	students who had	driven a car or other	vehicle during	No linear change	Not available [§]	
	6.0	7.0	7.4	5.0	7.0		NOL avallable	No change
	6.0	7.0	7.4	5.0	7.0	No illear change	Not available	No change
he 30 days befo	age of students who	7.0 texted or e-mailed w	while driving a car o	or other vehicle (on	at least 1 day	No filled change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

		Health Risk Behav	ior and Percentag	ges		Linear Change*	Quadratic Change*	Change from 2019-2021
2011	2013	2015	2017	2019	2021	<u> </u>		
	ge of students who		school property (si	uch as a gun, knife,	or club, on at			
4.9	2.4	3.9	5.6	3.1	3.1	No linear change	No quadratic change	No change
				nen they carried a gu 2 months before the				
inting of for a s			4.8	3.1	3.0	No linear change	Not available§	No change
N14: Percentag		lid not go to school the 30 days before	because they felt u	3.1		No linear change	Not available [§]	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

spanic jury and Violen		Health Risk Behav	vior and Percentag	ges		${\bf Linear~Change}^*$	Quadratic Change [*]	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
	age of students who				ty (such as a	1		
-								
7.6	3.4	5.4	4.8	5.2	4.3	No linear change	No quadratic change	No change
	age of students who		,			No linear change	No quadratic change	No change
QN17: Percenta	age of students who		,			No linear change	No quadratic change No quadratic change	No change
QN17: Percenta, 12 months before 13.4	age of students who re the survey)	were in a physical f	ight on school prop	erty (one or more tin	mes during the			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

ispanic jury and Violen	ce							
		Health Risk Behav	vior and Percentag	ges		Linear Change*	Quadratic Change*	Change from 2019-2021
2011	2013	2015	2017	2019	2021			
dating or going of forced to have se	out with to do sexua xual intercourse] th	experienced sexual al things [counting su that they did not want ed or went out with	uch things as kissin t to do, one or more	g, touching, or being times during the 1	g physically 2 months before			
	11.1	9.6	13.6	11.0	13.3	No linear change	Not available§	No change
someone they we injured with an o	ge of students who ere dating or going bject or weapon] o	9.6 experienced physica out with [counting s ne or more times during the 12 mon 7.6	al dating violence (luch things as being ring the 12 months	being physically hu hit, slammed into s before the survey, a	rt on purpose by	No linear change No linear change	Not available [§]	No change
someone they we injured with an o who dated or we	ge of students who ere dating or going bject or weapon] on the out with someon	experienced physica out with [counting s ne or more times du e during the 12 mon	al dating violence (luuch things as being ring the 12 months this before the surve	being physically hughit, slammed into subefore the survey, as ey)	rt on purpose by something, or among students			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

lispanic njury and Violen	ce							
]	Health Risk Behav	ior and Percentag	ges		Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
	ge of students who vook, or other social				ı texting,			
9.4	13.9	10.8	10.1	10.4	14.6	No linear change	No quadratic change	No change
	ge of students who fome usual activities,				ow so that they			
					ow so that they 44.0	Increased, 2011-2021	No quadratic change	No change
stopped doing so	ome usual activities,	ever during the 12 i	33.1	39.6	44.0	Increased, 2011-2021	No quadratic change	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

San Diego High School Survey 10-year Trend Analysis Report

Hispanic Injury and Violence **Linear Change*** **Health Risk Behavior and Percentages** Quadratic Change* Change from 2019-2021 † 2011 2013 2015 2017 2019 2021 QN28: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey) 9.3 9.5 11.2 7.9 10.4 11.3 No linear change No quadratic change No change QN29: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey) 2.6 2.4 2.7 1.3 3.4 3.8 No linear change No quadratic change No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

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Hispanic

		Health Risk Behav	ior and Percentag	ges		Linear Change [*]	Quadratic Change*	Change from 2019-2021
2011	2013	2015	2017	2019	2021			
QN32: Percenta survey)	ge of students who	currently smoked ci	garettes (on at least	t 1 day during the 30) days before the			
15.9	8.8	9.0	4.7	3.8	2.4	Decreased, 2011-2021	No quadratic change	No change
QNFRCIG: Per 30 days before the		who currently smok	ed cigarettes freque	ently (on 20 or more	days during the			
3.1	0.8	1.6	0.7	0.3	0.6	Decreased, 2011-2021	No quadratic change	No change
QNDAYCIG: Poefore the surve		ts who currently sm	oked cigarettes dail	ly (on all 30 days du	ring the 30 days			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

Iispanic Cobacco Use								
		Health Risk Behav	ior and Percentag	ges		Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
		ever used an electro						
pens, e-eigars, e	-nookans, nookan p	54.0	44.0	44.1	35.2	Decreased, 2015-2021	Not available [§]	Decreased
	:							
vape pens, e-cig		currently used an elokah pens, and mods the survey)						
		25.8	7.8	17.1	13.5	Decreased, 2015-2021	Not available	No change
	rcentage of students 30 days before the s	s who currently used	electronic vapor pr	roducts frequently (o	on 20 or more			
days during the	50 days before the s	2.6	1.1	4.0	3.2	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

San Diego High School Survey 10-year Trend Analysis Report

Hispanic

		Health Risk Behavior and Percentages				Linear Change [*]	Quadratic Change*	Change from 2019-2021
2011	2013	2015	2017	2019	2021			
NDAYEVP: E	Paraantaga of studen		. 1 . 1	1 . 1 . 1				
		us who currently use	ed electronic vapor	products daily (on a	all 30 days during	Ţ		
e 30 days befor		2.3	ed electronic vapor 0.9	products daily (on a	all 30 days during 1.7	No linear change	Not available [§]	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

San Diego High School Survey 10-year Trend Analysis Report

Hispanic **Alcohol and Other Drug Use Health Risk Behavior and Percentages** Linear Change* Quadratic Change* Change from 2019-2021 † 2011 2013 2015 2017 2019 2021 QN41: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey) 41.9 30.7 28.0 27.1 24.4 24.8 Decreased, 2011-2021 Decreased, 2011-2015 No change No change, 2015-2021 QN42: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey) 11.6 7.0 11.1 No linear change Not available§ Increased QN46: Percentage of students who tried marijuana for the first time before age 13 years 15.2 12.2 10.8 8.9 9.0 10.1 Decreased, 2011-2021 No quadratic change No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $^{^{\}dagger}$ Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

		Health Risk Behav	vior and Percentag	ges		Linear Change [*]	Quadratic Change*	Change from 2019-2021
2011	2013	2015	2017	2019	2021			
QN47: Percenta survey)	age of students who	currently used marij	uana (one or more	times during the 30	days before the	,		
28.1	25.7	20.6	20.5	23.6	16.5	Decreased, 2011-2021	No quadratic change	Decreased
QN48: Percenta	age of students who	ever used synthetic	marijuana (one or n	nore times during th	neir life)			
		11.1	7.5	6.0	9.0	No linear change	Not available [§]	No change
differently than l	age of students who how a doctor told the	em to use it (countir	ng drugs such as co					,

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

San Diego High School Survey 10-year Trend Analysis Report

Hispanic **Alcohol and Other Drug Use Health Risk Behavior and Percentages** Linear Change* Quadratic Change* Change from 2019-2021 † 2011 2013 2015 2017 2019 2021 QN50: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase, one or more times during their life) 9.1 7.3 5.0 4.8 11.4 4.2 Decreased, 2011-2021 No quadratic change No change QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life) 2.7 1.7 2.2 2.7 Not available§ No linear change No change QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life) 5.5 3.1 4.2 2.0 2.1 2.8 Decreased, 2011-2021 No quadratic change No change QN54: Percentage of students who ever used ecstasy (also called "MDMA" or "Molly," one or more times during their life) 20.0 11.3 8.0 4.5 3.1 Decreased, 2011-2017 4.1 Decreased, 2011-2021 No change No change, 2017-2021

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $^{^{\}dagger}$ Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

San Diego High School Survey 10-year Trend Analysis Report

Hispanic **Alcohol and Other Drug Use Health Risk Behavior and Percentages** Linear Change* Quadratic Change* Change from 2019-2021 † 2011 2013 2015 2017 2019 2021 QN55: Percentage of students who ever injected any illegal drug (used a needle to inject any illegal drug into their body, one or more times during their life) 2.6 2.1 2.8 1.4 1.6 2.8 No linear change No quadratic change No change QN56: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey) 36.8 32.3 30.0 29.5 27.3 21.7 Decreased, 2011-2021 No quadratic change Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

San Diego High School Survey 10-year Trend Analysis Report

Hispanic Sexual Behaviors

		Health Risk Behav	ior and Percentag	Linear Change [*]	Quadratic Change*	Change from 2019-2021		
2011	2013	2015	2017	2019	2021			
QN57: Percentag	ge of students who	ever had sexual inte	rcourse	· ·	:			
48.8	40.1	37.7	34.0	35.4	22.0	Decreased, 2011-2021	No quadratic change	Decreased
QN58: Percentag	ge of students who	nad sexual intercour	rse for the first time	e before age 13 year	rs			
7.5	4.8	4.6	3.0	3.0	3.1	Decreased, 2011-2021	No quadratic change	No change
QN59: Percentag	ge of students who	nad sexual intercour	rse with four or mo	re persons during th	neir life	, ,		,
12.7	10.0	7.3	6.7	5.9	2.4	Decreased, 2011-2021	No quadratic change	Decreased
	ge of students who	were currently sexuate the survey)	ally active (had sex	tual intercourse with	h at least one			
31.5	26.5	24.7	21.8	22.2	13.5	Decreased, 2011-2021	No quadratic change	Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

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Hispanic

		Health Risk Behav	ior and Percentag	Linear Change [*]	Quadratic Change [*]	Change from 2019-2021		
2011	2013	2015	2017	2019	2021			
	ge of students who day	drank alcohol or use	d drugs before last	sexual intercourse	(among students			
23.3	18.5	18.6	19.0	14.7	23.1	No linear change	No quadratic change	No change
QN62: Percentage		used a condom durir	ng last sexual interc	course (among stud	ents who were			
58.0	53.7	59.7	57.9	56.8	59.4	No linear change	No quadratic change	No change
QN82: Percentagests done if they		were ever tested for	human immunodef	iciency virus (HIV	(not counting			
	16.8	16.2	11.2	10.2	4.6	Decreased, 2013-2021	Not available§	Decreased
		were tested for a sex ne 12 months before		isease (STD) other	than HIV, such			1
•			• /	8.0	4.1	Decreased, 2019-2021	Not available	Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

	1	Health Risk Behav	ior and Percentag		Linear Change [*]	Quadratic Change*	Change from 2019-2021 †	
2011	2013	2015	2017	2019	2021			
	ntage of students whex- and age-specific				ile for body mass	No linear change	No quadratic change	No change
21.8 NOBESE: Pero	ex- and age-specific	20.6 who had obesity (>=	n the 2000 CDC gr 18.5 = 95th percentile for	owth charts)§	18.6	No linear change	No quadratic change	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. Based on t-test analysis, p < 0.05.

[§]Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

ispanic hysical Activity								
		Health Risk Behav	ior and Percentag	ges		Linear Change*	Quadratic Change*	Change from 2019-2021
2011	2013	2015	2017	2019	2021			
	activity that increas	were physically acti ed their heart rate ar						
38.3	44.2	44.4	40.1	40.4	41.4	No linear change	No quadratic change	No change
least 1 day (in an		ts who did not partic activity that increase e survey)						
17.3	17.3	15.1	16.5	16.3	18.3	No linear change	No quadratic change	No change
	ical activity that inc	ts who were physica creased their heart ra				-		
20.0	20.6	23.6	19.4	19.5	17.0	No linear change	No change, 2011-2015 Decreased, 2015-2021	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

San Diego High School Survey 10-year Trend Analysis Report

Hispanic

		Health Risk Behav	vior and Percentag	Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 †		
2011	2013	2015	2017	2019	2021			
		played on at least or months before the s		nting any teams run	by their school			
		played on at least or months before the s 50.5		nting any teams run	by their school	No linear change	Increased, 2011-2015 Decreased, 2015-2021	No change
r community gro 42.7 2N81: Percentag	oups, during the 12 45.3	months before the s 50.5 and a concussion fro	(survey) 48.0	45.0	42.4	No linear change	· · · · · · · · · · · · · · · · · · ·	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Hispanic Other		Health Risk Behav	vior and Percenta	Linear Change [*]	Quadratic Change*	Change from 2019-2021 †		
2011	2013	2015	2017	2019	2021			
QN86: Percenta	ge of students who	got 8 or more hours	of sleep (on an ave	erage school night)				
		30.5	29.0	24.2	32.2	No linear change	Not available [§]	Increased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

San Diego High School Survey 10-year Trend Analysis Report

Hispanic

te-Added		Health Risk Behav	rior and Percentag	ges		Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
2011	2013	2015	2017	2019	2021			
QN88: Percenta	age of students who	are transgender	-	· · · · · · · · · · · · · · · · · · ·				
			1.1	1.4	2.2	No linear abanca	Not available§	No change
N89 Percenta	age of students who	think other people a	1.1		y feminine and	No linear change	Not available	
QN89: Percenta masculine	age of students who	think other people a	·			Increased, 2013-2021	Not available	No change
QN90: Percenta control them or enot spend time wanted, during the		11.3 reported someone the mone or more time and in front of others,	t school would described as 13.2 ey were dating or gets (such things as before being threatened)	15.8 going out with purpeing told who they cd if they did not do	y feminine and 14.8 osely tried to ould and could what they			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

San Diego High School Survey 10-year Trend Analysis Report

Hispanic

		Health Risk Behav	ior and Percentag	res		Linear Change*	Quadratic Change*	Change from 2019-2021
2011	2013	2015	2017	2019	2021			
N91: Percenta alue in exchang		have ever been give	n money, a place to	oney, a place to stay, food, or something else of				
			3.7	2.9	3.2	No linear change	Not available§	No change
MOQ. Domot-	0 1 1							
		have been harassed the 12 months before 11.8		nought they were ga	y, lesbian, or 15.6	Increased, 2011-2021	No quadratic change	No change
isexual (one or 10.1 N99: Percenta	more times during to 10.9 age of students who	the 12 months before	the survey) 14.6 I someone names b	14.6	15.6	Increased, 2011-2021	No quadratic change	No change
isexual (one or 10.1 N99: Percenta	more times during to 10.9 age of students who	the 12 months before 11.8 have teased or called	the survey) 14.6 I someone names b	14.6	15.6	Increased, 2011-2021 No linear change	No quadratic change Not available	No change
N99: Percenta rere gay, lesbian	more times during to 10.9 age of students who n, or bisexual (during the students)	have teased or called the 12 months before the 12 m	14.6 d someone names bore the survey)	14.6 ecause the students	15.6 thought they			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

ispanic te-Added								
		Health Risk Behav	ior and Percentag	ges		Linear Change [*]	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
		reported a revealing ermission (during th			xted, e-mailed, or			
		2.6	2.9	2.8	3.8	No linear change	Not available [§]	No change
		o did something to purpose one or more						
16.8	20.3	21.2	16.5	20.6	24.0	Increased, 2011-2021	No quadratic change	No change
		reported their partner (among students w			n themselves the			
19.0	18.3	18.9	13.2	9.8	10.2	Decreased, 2011-2021	No quadratic change	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

San Diego High School Survey 10-year Trend Analysis Report

Hispanic

te-Added		Health Risk Behav	ior and Percentag	ges		Linear Change*	Quadratic Change [*]	Change from 2019-2021
2011	2013	2015	2017	2019	2021			
QN106: Percent	age of students who	have been pregnan	t or gotten someon	e pregnant (one or i	more times)			
6.3	3.5	3.4	3.0	2.9	1.4	Decreased, 2011-2021	No quadratic change	No change
QN107: Percent	age of students who	have ever participa	ted in oral sex					
38.4	35.0	38.8	33.9	35.3	26.0	Decreased, 2011-2021	No change, 2011-2015 Decreased, 2015-2021	Decreased
QN112: Percent	age of students who	have been taught a	bout AIDS or HIV	infection in school				
				85.1	75.7	Decreased, 2019-2021	Not available [§]	Decreased
		have ever been tau seases (STDs) (incl		how to use a condo	om to prevent			
			83.4	86.2	76.6	Decreased, 2017-2021	Not available	Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

ispanic te-Added		Health Risk Behav	vior and Percentag	ges		Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
2011	2013	2015	2017	2019	2021	_		
		o have ever been tau oms, or HIV or othe						
			79.1	82.3	62.5	Decreased, 2017-2021	Not available§	Decreased
they could get to	ested for HIV or oth	o had a teacher or ot er sexually transmitt g during the 12 mon	ed diseases (STDs) ths before the surve	(among students w y)	rho needed to find			
			31.6	22.9	18.1	Decreased, 2017-2021	Not available	No change
			her adult in their so	hool help them find	a place where			
QN116: Percen they could get be months before the	irth control (among	students who neede						

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

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Hispanic

		Health Risk Behav	Linear Change [*]	Quadratic Change [*]	Change from 2019-2021			
2011	2013	2015	2017	2019	2021			
	tage of students who		y disagree that thei	r school has clear co	onsequences for	,		
	tage of students who		y disagree that thei	r school has clear co	onsequences for 20.3	No linear change	Not available [§]	No change
		udents				No linear change	Not available [§]	No change
udents who bul		20.2	18.4	21.2	20.3	No linear change	Not available [§]	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.